

Les records de Belgique des différentes catégories.

et

Les podiums des championnats de Belgique marche indoor, piste et route.

(Version février 2006)

Le document très complet ci-joint est le fruit du travail permanent de Pierre Gabriels et Emiel Van Landeghem qui nous confient gracieusement leur contribution. Qu'ils soient ici remerciés et que leur travail soit encouragé à être poursuivi. Je croise les doigts pour que leur initiative inspire d'autres passionnés de marche à nous faire part de contributions personnelles.

Vous trouverez l'ensemble des meilleures prestations des athlètes belges en marche athlétique jusque 2005 inclus (sauf erreur ou omission involontaire).

Le document est organisé avec la logique suivante :

- Les records de Belgique des différentes catégories.
- Les podiums des CB jeunes filles
- Les podiums des CB jeunes garçons
- Les podiums des CB jeunes filles indoor
- Les podiums des CB jeunes garçons indoor
- Les podiums des CB TC dames
- Les podiums des CB TC hommes
- Les podiums des CB TC dames indoor
- Les podiums des CB TC hommes indoor
- Les podiums des CB TC dames sur route
- Les podiums des CB TC hommes sur route
- Les podiums des CB Masters dames
- Les podiums des CB Masters hommes

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AFSTAND	CAT;	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB	DATUM	PLAATS	LAND
MANNEN								
3000 m indoor	AC	11' 59" 4	MARTENS Jos	14/06/1964	HDD	12/02/1984	DUSSELDORF	FRG
5000 m indoor	AC	18' 54" 67	MARTENS Jos	14/06/1964	HDD	6/03/1988	BUDAPEST	HUN
10000 m piste	AC	40' 04" 8	MARTENS Jos	14/06/1964	HDD	26/03/1988	SITTARD	NL
20000 m piste	AC	1 h 25' 32" 4	NICQUE Dirk	6/03/1963	ABES	6/04/1997	TILBURG	NL
30000 m piste	AC	2 h 12' 00" 7	DEJONCKHEERE Godfried	1/07/1952	KKS	14/10/1989	KORTRIJK	
50000 m piste	AC	4 h 05' 54" 8	NICQUE Dirk	6/03/1963	ABES	14/06/1998	ROTTERDAM	NL
2 uren piste	AC	27277 m	DEJONCKHEERE Godfried	1/07/1952	KKS	14/10/1989	KORTRIJK	
20 km weg	AC	1 h 23' 13"	MARTENS Jos	14/06/1964	HDD	10/04/1988	GOIRLE	NL
50 km weg	AC	3 h 47' 34"	DEJONCKHEERE Godfried	1/07/1952	KKS	10/09/1989	ARRAS	FRA
3000 m indoor		-23 11' 59" 4	MARTENS Jos	14/06/1964	HDD	12/02/1984	OUDENAARDE	
5000 m indoor		-23 19' 55" 1	VANDEBOSCH Dirk	21/05/1967	HDD	20/02/1988	GENT	
10000 m piste		-23 41' 21" 4	LEROY Benjamin	9/07/1973	ESC	24/04/1994	NIJVEL	
20000 m piste		-23 1 h 26' 45" 0	MARTENS Jos	15/08/1964	HDD	5/05/1984	FANA	NOR
30000 m piste		-23 2 h 23' 51" 4	LEDUNE Eric	1/10/1983	ACQ	31/07/1985	ROTTERDAM	NED
50000 m piste		-23 4 h 23' 50" 6	DEJONCKHEERE Godfried	1/07/1952	KKS	29/09/1974	OBOURG	
2 uren piste		-23 25.309 m	LEDUNE Eric	1/10/1963	ACQ	31/07/1985	ROTTERDAM	NED
20 km weg		-23 1 h 27' 10"	MARTENS Jos	14/06/1964	HDD	11/06/1984	HEYTHUYSEN	NED
50 km weg		-23 4 h 23' 29"	LEROY Benjamin	9/07/1973	RSC	15/08/1995	OUDENAARDE	
3000 m indoor	JUN	12' 50" 7	VANDEBOSCH Dirk	21/05/1967	HDD	9/02/1986	LIEVIN	FRA
5000 m indoor	JUN	21' 18" 46	LEROY Benjamin	9/07/1973	MABI	16/02/1992	GENT	
10000 m piste	JUN	41' 22" 77	LEROY Benjamin	9/07/1973	MABI	16/09/1992	SEOUL	KOR
3000 m indoor	SCH	13' 53" 06	LEROY Benjamin	9/07/1973	MABI	16/02/1992	GENT	
5000 m indoor	SCH	23' 25" 63	COLETTE Olivier	12/07/1988	CABW	29/01/2005	GENT	
10000 m piste	SCH	44' 49" 2	LEROY Benjamin	9/07/1973	MABI	30/06/1990	DUFFEL	
3000 m indoor	CAD	15' 48" 92	LEFEVER Hans	9/11/1979	DUFF	30/01/1994	GENT	
5000 m piste	CAD	23' 39" 5	CORDIER Vincent	16/01/1981	CABW	6/09/1996	CHARLEROI	
VROUWEN								
3000 m indoor	AC	13' 58" 3	DESMET Sabine	18/09/1971	WAC	24/01/1987	LIEVIN	FRA
5000 m piste	AC	23' 18" 2	DESMET Sabine	18/09/1971	WAC	28/05/1987	VILLENEUVE D'ASQ	FRA
10000 m piste	AC	51' 18" 9	CEULEMANS Christa	6/02/1976	RFCL	3/06/1992	WEERT	NL
10 km weg	AC	49' 55"	DESMET Sabine	18/09/1971	WAC	2/05/1987	NEW YORK	USA
3000 m indoor		-23 14' 03" 0	DE BLANCK Sabine	16/10/1968	WAC	20/02/1988	GENT	
5000 m piste		-23 24' 22" 0	CEULEMANS Christa	6/02/1967	HDD	4/08/1989	HASSELT	
10000 m piste		-23 52' 06" 5	CEULEMANS Christa	6/02/1967	HDD	20/09/1989	WAREGEM	
10 km weg		-23 52' 25"	SCHENCK Christel	17/02/1965	WIBO	3/05/1987	NEW YORK	
3000 m indoor	JUN	14' 51" 7	DEBLANCK Sabine	16/10/1968	WAC	24/01/1987	LIEVIN	FRA
5000 m piste	JUN	25' 07" 1	DEBLANCK Sabine	16/10/1968	WAC	27/08/1987	ST; GHISLAIN	
2000 m indoor	SCH	10' 12" 08	AELBRECHT Catherina	8/03/1975	ASSA	12/01/1992	GENT	
3000 m indoor	SCH	13' 58" 3	DESMET Sabine	18/09/1971	WAC	24/01/1987	LIEVIN	FRA
5000 m piste	SCH	23' 18" 2	DESMET Sabine	18/09/1971	WAC	28/05/1987	VILLENEUVE D'ASQ	FRA
2000 m indoor	CAD	9' 38" 50	AELBRECHT Catherina	8/03/1975	ASSA	18/02/1990	GENT	
3000 m piste	CAD	14' 19" 9	DESMET Sabine	18/09/1971	WAC	19/10/1986	VALENCIENNES	FRA

AFSTAND	CAT.	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB	DATUM	PLAATS	LAND
MASTERS								
3000 m indoor	M35	12' 58" 9	MUSIAUX Marc	21/09/1952	TAC	17/01/1988	LIEVIN	FRA
	M40	13' 43" 2	STEENHOUDT Hendrik	1/10/1943	ACG	9/02/1986	LIEVIN	FRA
	M45	13' 52" 90	BOGAERT Dirk	11/03/1958	ACME	12/03/2005	ESKILSTUNA	SWE
	M50	14' 42" 3	SCHOUCKENS Robert	27/05/1928	MABI	8/01/1981	BINCHE	
	M55	15' 41" 0	SCHOUCKENS Robert	27/05/1928	MABI	11/12/1983	CHARLEVILLE	FRA
	M60	17' 10" 1	GABRIELS Pierre	23/06/1944	BREE	27/02/2005	ZAANDAM	NL
	M65	18' 30" 23	VAN LANDEGHEM Emiel	8/07/1932	BRAB	13/12/1998	DUSSELDORF	GER
5000 m indoor	M70	20' 38" 97	VAN LANDEGHEM Emiel	8/07/1932	BRAB	7/03/2003	SAN SEBASTIAN	ESP
	M35	21' 06" 26	DEJONCKHEERE Godfried	1/07/1952	KKS	16/02/1992	GENT	
	M40	22' 11" 53	DEJONCKHEERE Godfried	1/07/1952	KKS	7/02/1993	GENT	
	M45	23' 57" 61	BOGAERT Dirk	11/03/1958	ACME	21/02/2004	GENT	
	M50	26' 22" 8	VAN LANDEGHEM Emiel	8/07/1932	OLYM	10/01/1987	GOES	NL
	M55	27' 10" 7	SCHOUCKENS Robert	27/05/1928	MABI	7/12/1986	CHARLEVILLE	FRA
	M60	26' 56" 2	SCHOUCKENS Robert	27/05/1928	MABI	21/01/1989	LIEVIN	FRA
10000 m piste	M65	32' 32" 36	VAN LANDEGHEM Emiel	8/07/1932	BRAB	29/01/2000	GENT	
	M70	29' 33" 0	SCHOUCKENS Robert	27/05/1928	GOSP	28/02/1999	CHARLEVILLE	FRA
	M35	42' 44" 0	DEJONCKHEERE Godfried	1/07/1952	KKS	8/10/1989	KORTRIJK	
	M40	47' 03" 1	MUSIAUX Marc	21/09/1952	TAC	4/10/1992	KORTRIJK	
	M45	48' 55" 8	BOGAERT Dirk	11/03/1958	ACME	14/06/2003	CHARLEROI	
	M50	52' 14" 2	FORTHOMME Paul	1/03/1938	RFCL	12/05/1990	ANDENNE	
	M55	53' 36" 8	VAN LANDEGHEM Emiel	8/07/1932	OLYM	15/05/1988	WEERT	NL
20000 m piste	M60	55' 11" 0	STEEMANS Frans	22/11/1927	ACHL	19/04/1989	WEERT	NL
	M65	56' 44" 0	SCHOUCKENS Robert	27/05/1928	GOSP	21/09/1996	REIMS	FRA
	M70	59' 21" 86	SCHOUCKENS Robert	27/05/1928	GOSP	5/08/1998	EDEGEM	
	M75	1 h 06' 17" 5	SCHOUCKENS Robert	27/05/1928	GOSP	21/05/2005	CHARLEROI	
	M35	1 h 26' 15" 5	NICQUE Dirk	6/03/1963	ABES	5/04/1998	TILBURG	NED
	M40	1 h 33' 50" 0	DEJONCKHEERE Godfried	1/07/1952	KKS	13/09/1992	DILBEEK	
	M45	1 h 47' 05" 9	DEHON Freddy	19/07/1942	CHAP	31/07/1987	HEYSEL	
30000 m piste	M50	1 h 51' 55" 0	VAN LANDEGHEM Emiel	8/07/1932	OLYM	31/05/1986	ST. GHISLAIN	
	M55	1 h 50' 57" 0	STEEMANS Frans	22/11/1927	LIER	3/06/1984	GENK	
	M60	1 h 55' 14" 0	STEEMANS Frans	22/11/1927	ACHL	17/05/0989	WEERT	NL
	M65	2 h 00' 00" 0	SCHOUCKENS Robert	27/05/1928	TAC	1/05/1995	BAR-LE-DUC	FRA
	M70	2 h 02' 52" 3	SCHOUCKENS Robert	27/05/1928	GOSP	13/06/1998	CHARLEROI	
	M35	2 h 12' 00" 7	DEJONCKHEERE Godfried	1/07/1952	KKS	14/10/1989	KORTRIJK	
	M40	2 h 45' 18" 0	CNOCKAERT Gerard	3/12/1933	KKS	29/09/1974	OBOURG	
50000 m piste	M45	2 h 53' 38" 0	VAN LANDEGHEM Emiel	8/07/1932	OLYM	9/04/1978	ARMENTIERES	FRA
	M50	3 h 10' 57" 5	VERGOTE Roger	11/11/1929	SOAC	15/05/1982	MARKE	
	M55	2 h 53' 33" 0	STEEMANS Frans	22/11/1927	OLSE	6/06/1987	ROTTERDAM	NL
	M60	3 h 00' 07" 0	STEEMANS Frans	22/11/1927	ACHL	14/10/1989	KORTRIJK	
	M35	4 h 05' 54" 8	NICQUE Dirk	6/03/1963	ABES	14/06/1998	ROTTERDAM	NED
	M40	4 h 44' 56" 0	VAN LAEKEN Marc	26/12/1940	RCG	14/10/1984	HELMOND	NL
	M45	5 h 28' 25" 0	LEGROS Adolphe	28/08/1931	TAC	17/05/1979	NAMEN	
2 uur piste	M50		Nihil					
	M55	5 h 58' 55" 6	HELLEMANS Pierre	„././1919	IXEL	5/09/1976	GAURAIN RAMECROIX	
	M60	5 h 29' 16" 0	STEEMANS Frans	22/11/1927	ACHL	30/09/1990	LEIDEN	NL
	M35	27277 m	DEJONCKHEERE Godfried	1/07/1952	KKS	14/10/1989	KORTRIJK	
	M40	24286 m	GOUJON Gerard	16/03/1950	TAC	23/06/1990	BARENDRECHT	NL
	M45	20985 m	VAN LANDEGHEM Emiel	8/07/1932	OLYM	11/10/1981	ZONHOVEN	
	M50	21287,30 m	VAN LANDEGHEM Emiel	8/07/1932	OLYM	13/07/1986	ZONHOVEN	
20 km weg	M55	21139 m	STEEMANS Frans	22/11/1927	OLSE	6/06/1987	ROTTERDAM	NL
	M60	20441 m	STEEMANS Frans	22/11/1927	ACHL	14/10/1989	KORTRIJK	
	M65	20000 m	SCHOUCKENS Robert	27/05/1928	TAC	1/05/1995	BAR-LE-DUC	FRA
	M70	16442 m	VAN LANDEGHEM Emiel	8/07/1932	BRAB	3/08/2002	SPIJKENISSE	NL
	M35	1 h 25' 27"	DEJONCKHEERE Godfried	1/07/1952	KKS	23/09/1989	ST. BAAFS VIJVE	
	M40	1 h 29' 23"	DEJONCKHEERE Godfried	1/07/1952	KKS	7/08/1993	YVERDON-L-BAINS	SUI
	M45	1 h 40' 02"	SCHOUCKENS Robert	27/05/1928	RUSB	23/11/1975	FLERS DE L'ORNE	FRA
50 km weg	M50	1 h 46' 02"	FORTHOMME Paul	1/03/1938	RFCL	1/09/1990	OUDENAARDE	
	M55	1 h 49' 49"	SCHOUCKENS Robert	27/05/1928	MABI	9/10/1983	YVERDON-L-BAINS	SUI
	M60	1 h 45' 11"	SCHOUCKENS Robert	27/05/1928	MABI	20/08/1988	YVERDON-L-BAINS	SUI
	M65	1 h 50' 10"	SCHOUCKENS Robert	27/05/1928	GOSP	6/10/1996	ROUBAIX	FRA
	M70	1 h 59' 12"	SCHOUCKENS Robert	27/05/1928	GOSP	4/10/1998	ROUBAIX	FRA
	M75	2 h 17' 47"	SCHOUCKENS Robert	27/05/1928	GOSP	2/10/2005	TILBURG	NL
	M35	3 h 47' 34"	DEJONCKHEERE Godfried	1/07/1952	KKS	10/09/1989	ARRAS	FRA
50 km weg	M40	4 h 21' 40"	DEJONCKHEERE Godfried	1/07/1952	KKS	5/06/1993	MOIGNELEE	
	M45	4 h 44' 43"	FORTHOMME Paul	1/03/1938	CHAP	8/09/1984	QUAREGNON	
	M50	5 h 54' 17"	FORTHOMME Paul	1/03/1938	RFCL	14/04/1991	SAMPIGNY	FRA
	M55	4 h 58' 56"	STEEMANS Frans	22/11/1927	LIER	19/05/1984	OLSENE	
	M60	4 h 51' 12"	SCHOUCKENS Robert	27/05/1928	MABI	11/11/1990	CREIL	FRA
	M65	5 h 11' 15"	SCHOUCKENS Robert	27/05/1928	GOSP	14/09/1997	BAR-LE-DUC	FRA
	M70	5 h 34' 24"	SCHOUCKENS Robert	27/05/1928	GOSP	11/11/2000	BAR-LE-DUC	FRA

AFSTAND	CAT;	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB	DATUM	PLAATS	LAND
3000 m indoor	W35	16' 59" 6	DE WOLF Frieda	26/05/1943	BREE	23/01/1983	ROESELARE	
	W40	16' 02" 23	DE WOLF Frieda	26/05/1943	BREE	1/02/1986	LIEVIN	FRA
	W45	19' 45" 24	HOOGEWYS Godelieve	15/09/1947	CABW	1/03/1997	BIRMINGHAM	GBR
	W50	17' 01" 08	DE WOLF Frieda	26/05/1943	BREE	26/11/1995	ZAANDAM	NL
	W55	16' 46" 49	DE WOLF Frieda	26/05/1943	BREE	20/02/1999	DUSSELDORF	GER
	W60	17' 52" 6	DE WOLF Frieda	26/05/1943	BREE	22/02/2004	ZAANDAM	NL
5000 m piste	W35	27' 31" 0	YSMAL Danielle	27/10/1947	RCSC	23/04/1983	ST. GHISLAIN	
	W40	24' 41" 3	DE WOLF Frieda	26/05/1943	BREE	19/08/1987	WEERT	NL
	W45	25' 55" 7	DE WOLF Frieda	26/05/1943	BREE	6/09/1988	LIMBURG	FRG
	W50	25' 52" 8	DE WOLF Frieda	26/05/1943	BREE	10/09/1993	ZAANDAM	NL
	W55	28' 45" 3	DE WOLF Frieda	26/05/1943	BREE	25/09/1998	BEST	NL
	W60	30' 16" 1	DE WOLF Frieda	26/05/1943	BREE	2/07/2004	ZAANDAM	NL
10000 m piste	W35	57' 21" 3	YSMAL Danielle	27/10/1947	RCSC	18/06/1983	BAR-LE-DUC	FRA
	W40	52' 16" 6	DE WOLF Frieda	26/05/1943	BREE	10/05/1986	HORREM	FRG
	W45	52' 36" 8	DE WOLF Frieda	26/05/1943	BREE	15/06/1988	WEERT	NL
	W50	53' 42" 6	DE WOLF Frieda	26/05/1943	BREE	15/09/1993	WEERT	NL
	W55	58' 23" 6	DE WOLF Frieda	26/05/1943	BREE	25/09/1998	WEERT	NL
	W60	62' 02" 6	DE WOLF Frieda	26/05/1943	BREE	4/06/2004	ZAANDAM	NL
10 km weg	W35	57' 42"	DE WOLF Frieda	26/05/1943	BREE	17/10/1982	HERICOURT	FRA
	W40	53' 22"	DE WOLF Frieda	26/05/1943	BREE	23/08/1985	DUREN	FRG
	W45	53' 28"	DE WOLF Frieda	26/05/1943	BREE	9/08/1991	ROOSENDAAL	NL
	W50	57' 03"	DE WOLF Frieda	26/05/1943	BREE	12/09/1993	LEVAL	
	W55	60' 15"	DE WOLF Frieda	26/05/1943	BREE	18/09/1998	BELLARIA	ITA
	W60	63' 45"	DE WOLF Frieda	26/05/1943	BREE	1/02/2004	ROTTERDAM	NL

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
JUNIORS						
12/06/1977	OUDENAARDE	5,000 m	32' 45" 1	HELOIR Dominique	31/07/1958	USBI
18/06/1978	MERKSEM	5,000 m	35' 35" 3	KUSSENEERS Astrid	19/05/1961	AAC
27/05/1979	BORNEM	5,000 m	32' 15" 1	BOUILLEZ Nicole	23/02/1961	HSP
1/06/1980	NAMEN	5,000 m	30' 24" 0	WITTEZAELE Nadine	7/09/1962	HSP
31/05/1981	GENK	5,000 m	30' 36" 7	NICOLAS Myriam	11/11/1963	BBS
31/07/1982	NAMEN	5,000 m	30' 57" 7	STEYVERS Els	12/12/1964	WACG
9/07/1983	WILLEBROEK	5,000 m	29' 48" 7	SCHENCK Christel	17/02/1965	LIER
10/06/1984	ST. GHISLAIN	5,000 m	29' 18" 8	SCHENCK Christel	17/02/1965	LIER
25/05/1985	WAREGEM	5,000 m	26' 44" 6	CEULEMANS Christa	6/02/1967	HDD
31/05/1986	ST. GHISLAIN	5,000 m	26' 01" 2	CEULEMANS Christa	6/02/1967	HDD
6/06/1987	DEINZE	5,000 m	25' 52" 9	DE BLANCK Sabine	16/10/1968	WAC
4/06/1988	ST. GHISLAIN	5,000 m	27' 21" 2	DE BLANCK Caroline	22/09/1970	WAC
9/07/1989	WAREGEM	5,000 m		Geen deelnemers		
12/05/1990	ANDENNE	5,000 m	29' 14" 04	GERARD Veronique	17/08/1971	MABI
11/05/1991	ZWEVEGEM	5,000 m	31' 49" 3	BUNTINX Els	14/08/1972	HDD
13/09/1992	DILBEEK	5,000 m		Geen deelnemers		
25/09/1993	ANDENNE	5,000 m		Geen deelnemers		
23/10/1994	NIJVEL	5,000 m		Geen deelnemers		
21/05/1995	JAMBES	5,000 m	30' 23" 9	WILMS Ilse	25/04/1977	DUFF
1/05/1996	JAMBES	5,000 m	28' 38" 20	VANOVERMEEREN Sandra	17/05/1978	ASSA
14/09/1997	DUFFEL	5,000 m		Geen deelnemers		
13/06/1998	CHARLEROI	5,000 m		Geen deelnemers		
12/06/1999	CHARLEROI	5,000 m		Geen deelnemers		
10/06/2000	CHARLEROI	5,000 m	29' 57" 5	DE SMET Liesbet	26/06/1982	DUFF
26/05/2001	CHARLEROI	5,000 m	30' 11" 5	DE SMET Liesbet	26/06/1982	DUFF
1/06/2002	CHARLEROI	5,000 m	32' 50" 5	MEEEX Myrthe	22/03/1983	LOOI
14/06/2003	CHARLEROI	5,000 m		Geen deelnemers		
29/05/2004	CHARLEROI	5,000 m		Geen deelnemers		
21/05/2005	CHARLEROI	5,000 m	32' 55" 7	LEFEBVRE Marie-Jeanne	28/05/1986	ASSA

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
SCHOLIEREN						
12/06/1977	OUDENAARDE	4,000 m	26' 14" 1	BOUILLEZ Nicole	23/02/1961	HSP
18/06/1978	MERKSEM	4,000 m	24' 45" 1	BOUILLEZ Nicole	23/02/1961	HSP
27/05/1979	BORNEM	4,000 m	24' 30" 3	WITTEZAELE Nadine	7/09/1962	HSP
1/06/1980	NAMEN	4,000 m	23' 55" 0	NICOLAS Myriam	11/11/1963	HDD
31/05/1981	GENK	4,000 m	24' 29" 8	SCHENCK Christel	17/02/1963	LIER
31/07/1982	NAMEN	4,000 m	23' 25" 0	SCHENCK Christel	17/02/1963	LIER
9/07/1983	WILLEBROEK	4,000 m	24' 09" 7	CEULEMANS Christa	6/02/1967	HDD
10/06/1984	ST. GHISLAIN	4,000 m	22' 59" 7	CEULEMANS Christa	6/02/1967	HDD
25/05/1985	WAREGEM	4,000 m	23' 04" 0	QUERTINMONT Agnes	9/03/1968	MABI
31/05/1986	ST. GHISLAIN	4,000 m	21' 08" 9	DELATTE Sonia	27/05/1970	ACFR
6/06/1987	DEINZE	5,000 m	24' 42" 0	DESMET Sabine	18/09/1971	WAC
4/06/1988	ST. GHISLAIN	5,000 m	26' 17" 9	DESMET Sabine	18/09/1971	WAC
9/07/1989	WAREGEM	5,000 m		Geen deelnemers		
12/05/1990	ANDENNE	5,000 m	27' 12" 04	DE BLANCK Claudine	3/03/1973	AZW
11/05/1991	ZWEVEGEM	5,000 m	32' 08" 2	THAUVOYE Angelique	24/04/1974	MABI
13/09/1992	DILBEEK	5,000 m	29' 48" 3	DRUGMAND Christel	22/04/1975	ACLO
25/09/1993	ANDENNE	5,000 m	29' 18" 7	WILMS Ilse	25/04/1977	DUFF
23/10/1994	NIJVEL	5,000 m	30' 51" 7	WILMS Ilse	25/04/1977	DUFF
21/05/1995	JAMBES	5,000 m	29' 17" 5	VANOVERMEEREN Sandra	17/05/1978	ASSA
1/05/1996	JAMBES	5,000 m		Geen deelnemers		
14/09/1997	DUFFEL	5,000 m		Geen deelnemers		
13/06/1998	CHARLEROI	5,000 m	32' 12" 9	DE SMET Liesbet	26/06/1982	DUFF
12/06/1999	CHARLEROI	5,000 m	30' 47" 3	DE SMET Liesbet	26/06/1982	DUFF
10/06/2000	CHARLEROI	5,000 m	34' 41" 3	MEEEX Myrthe	22/03/1983	TACT
26/05/2001	CHARLEROI	5,000 m		Geen deelnemers		
1/06/2002	CHARLEROI	5,000 m		Geen deelnemers		
14/06/2003	CHARLEROI	5,000 m		Geen deelnemers		
29/05/2004	CHARLEROI	5,000 m		Geen deelnemers		
21/05/2005	CHARLEROI	5,000 m		Geen deelnemers		
CADETTEN						
12/06/1977	OUDENAARDE	3,000 m	19' 19" 9	WITTEZAELE Nadine	7/09/1962	HSP
18/06/1978	MERKSEM	3,000 m	18' 09" 5	DE BRUYCKERE Isabelle	22/03/1963	ASSA
27/05/1979	BORNEM	3,000 m	17' 55" 3	SCHENCK Christel	17/02/1965	AAC
1/06/1980	NAMEN	3,000 m	16' 58" 0	SCHENCK Christel	17/02/1965	LIER
31/05/1981	GENK	3,000 m	17' 55" 5	CEULEMANS Christa	6/02/1967	HDD
31/07/1982	NAMEN	3,000 m	17' 03" 3	QUERTINMONT Agnes	9/03/1968	MABI
9/07/1983	WILLEBROEK	3,000 m	18' 01" 2	QUERTINMONT Agnes	9/03/1968	MABI
10/06/1984	ST. GHISLAIN	3,000 m	16' 47" 9	DELATTE Sonia	27/05/1970	ACFR
25/05/1985	WAREGEM	3,000 m	16' 11" 6	DELATTE Sonia	27/05/1970	ACFR
31/05/1986	ST. GHISLAIN	3,000 m	14' 12" 5	DESMET Sabine	18/09/1971	WAC
6/06/1987	DEINZE	3,000 m	16' 13" 4	DE BLANCK Claudine	3/03/1973	WAC
4/06/1988	ST. GHISLAIN	3,000 m	16' 23" 2	DE BLANCK Claudine	3/03/1973	WAC
9/07/1989	WAREGEM	3,000 m	15' 19" 6	AELBRECHT Catherina	8/03/1975	ASSA
12/05/1990	ANDENNE	3,000 m	15' 01" 05	AELBRECHT Catherina	8/03/1975	ASSA
11/05/1991	ZWEVEGEM	3,000 m	20' 07" 5	CARBONNEZ Geraldine	17/02/1977	ASSA
13/09/1992	DILBEEK	3,000 m	16' 28" 9	VANOVERMEEREN Sandra	17/05/1978	ASSA
25/09/1993	ANDENNE	3,000 m	16' 49" 8	VANOVERMEEREN Sandra	17/05/1978	ASSA
23/10/1994	NIJVEL	3,000 m	19' 30" 5	HENDRICKS Bianca	22/12/1980	DUFF
21/05/1995	JAMBES	3,000 m		Geen deelnemers		
1/05/1996	JAMBES	3,000 m	19' 50" 90	DE SMET Liesbet	26/06/1982	DUFF
14/09/1997	DUFFEL	3,000 m	18' 22" 2	DE SMET Liesbet	26/06/1982	DUFF
13/06/1998	CHARLEROI	3,000 m	18' 51" 2	MEEEX Myrthe	22/03/1983	TACT
12/06/1999	CHARLEROI	3,000 m		Geen deelnemers		
10/06/2000	CHARLEROI	3,000 m		Geen deelnemers		
26/05/2001	CHARLEROI	3,000 m	22' 16" 9	WEYMIENS Marylein	14/12/1987	DUFF
1/06/2002	CHARLEROI	3,000 m	21' 49" 9	DE BUISSERET Melanie	23/12/1988	GOSP
14/06/2003	CHARLEROI	3,000 m	19' 14" 7	HOUSMANS Caroline	23/03/1989	GOSP
29/05/2004	CHARLEROI	3,000 m	19' 34" 8	HOUSMANS Caroline	23/03/1989	GOSP
21/05/2005	CHARLEROI	3,000 m	20' 34" 7	VERVAECKE Eloise	4/07/1991	ASSA

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
JUNIORS						
9/06/1968	MARCHIENNE	20,000 m	1 h 47' 25" 4	VAN PUYENBROEK Serge	7/10/1948	ACQ
15/06/1969	MARCHIENNE	15,000 m	1 h 25' 49" 20	SURINX Guy	,,/,/1950	TAC
28/06/1970	OUDENAARDE	15,000 m	1 h 24' 17"	DOUMONT Philippe	,,/,/1950	FCM
6/06/1971	MARCHIENNE	15,000 m	1 h 23' 22"	BENOIT Jean-Pierre	,,/,/1952	ACQ
29/07/1972	HEYSEL-BRUSSEL	15,000 m	1 h 20' 14"	BARTHE Franz	,,/,/1954	ACQ
22/09/1973	HEYSEL-BRUSSEL	15,000 m	1 h 16' 58" 0	VERSCHOREN Lucien	,,/,/1956	DCLA
28/07/1974	HEYSEL-BRUSSEL	15,000 m	1 h 22' 08" 0	LIPPENS Luc	27/08/1955	ASVO
27/07/1975	NAMEN	15,000 m	1 h 21' 46" 8	LELOUP Michel	,,/,/1957	FAC
27/06/1976	GAURAIN-RAMECROIX	15,000 m	1 h 23' 12" 8	PIETEQUIN Philippe	,,/,/1958	TAC
12/06/1977	OUDENAARDE	15,000 m	1 h 26' 05" 0	DE MAERE Patrick	4/06/1959	OLYM
18/06/1978	MERKSEM	15,000 m	1 h 21' 27" 0	DEMEU Eric	20/08/1960	HSP
27/05/1979	BORNEM	15,000 m	1 h 19' 52" 0	VANDENBROECKE Patrick	30/01/1960	USLE
1/06/1980	NAMEN	15,000 m	1 h 21' 26"	YSEUX Bernard	2/12/1961	USLE
31/05/1981	GENK	10,000 m	55' 39" 5	LEDUNE Eric	1/10/1963	HSP
31/07/1982	NAMEN	10,000 m	45' 47" 5	MARTENS Jos	14/06/1964	HDD
9/07/1983	WILLEBROEK	10,000 m	47' 57" 3	MARTENS Jos	14/06/1964	HDD
10/06/1984	ST. GHISLAIN	10,000 m	48' 14" 2	BURTON Philippe	24/04/1965	CHAP
25/05/1985	WAREGEM	10,000 m	53' 41" 2	DIDENS Gregory	7/12/1967	CHAP
31/05/1986	ST. GHISLAIN	10,000 m	45' 49" 2	VANDENBOSCH Dirk	21/05/1967	HDD
6/06/1987	DEINZE	10,000 m	49' 35" 9	HUME Fabian	8/10/1969	CHAP
4/06/1988	ST. GHISLAIN	10,000 m	48' 55" 9	HUME Fabian	8/10/1969	OSGA
9/07/1989	WAREGEM	10,000 m		Geen deelnemers		
12/05/1990	ANDENNE	10,000 m	54' 42" 08	POCHEZ Jean-Yves	15/01/1972	ACLO
11/05/1991	ZWEVEGEM	10,000 m	50' 11" 2	LEROY Benjamin	9/07/1973	MABI
13/09/1992	DILBEEK	10,000 m	54' 27" 0	BAGUET Gregory	20/01/1973	MABI
25/09/1993	ANDENNE	10,000 m	50' 35" 6	HUME Christophe	30/09/1975	CABW
23/10/1994	NIJVEL	10,000 m	9600 m	HUME Christophe	30/09/1975	CABW
21/05/1995	JAMBES	10,000 m	59' 08" 02	LEROY Jeremie	11/03/1977	CABW
1/05/1996	JAMBES	10,000 m	55' 24" 90	LEROY Jeremie	11/03/1977	CABW
14/09/1997	DUFFEL	10,000 m		Geen deelnemers		
13/06/1998	CHARLEROI	10,000 m		Geen deelnemers		
12/06/1999	CHARLEROI	10,000 m	56' 44" 7	CORDIER Vincent	16/01/1981	CABW
10/06/2000	CHARLEROI	10,000 m	1 h 07' 12" 0	CORDIER Vincent	16/01/1981	CABW
26/05/2001	CHARLEROI	10,000 m		Geen deelnemers		
1/06/2002	CHARLEROI	10,000 m		Geen deelnemers		
14/06/2003	CHARLEROI	20,000 m	2 h 37' 43" 3	HOTTIAUX Cedric	22/09/1985	CABW
29/05/2004	CHARLEROI	10,000 m		Geen deelnemers		
21/05/2005	CHARLEROI	10,000 m	1 h 02' 00" 3	ANTEDAMUS Thomas	9/09/1987	GOSP

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
SCHOLIEREN						
9/06/1968	MARCHIENNE	5,000m	26' 59" 2	SURINX Guy	,,/,/1950	TAC
15/06/1969	MARCHIENNE	5,000m	26' 45" 00	FILIPUTTI Robert	,,/,/1951	TAC
28/06/1970	OUDENAARDE	5,000m	28' 44" 4	GILSON Daniel	28/06/1953	FCM
6/06/1971	MARCHIENNE	10,000 m	52' 22" 5	BARTHE Franz	,,/,/1954	ACQ
29/07/1972	HEYSEL-BRUSSEL	10,000 m	58' 14" 0	VERSCHOREN Lucien	,,/,/1956	TSM
22/09/1973	HEYSEL-BRUSSEL	10,000 m	56' 01" 8	CLAEYS Marcel		TAC
28/07/1974	HEYSEL-BRUSSEL	10,000 m	55' 33" 4	LELOUP Michel	,,/,/1957	FAC
27/07/1975	NAMEN	10,000 m	53' 29" 4	DEMEESTER Paul	27/10/1959	OLYM
27/06/1976	GAURAIN-RAMECROIX	10,000 m	57' 02" 4	VANDENBROECK Patrick	30/01/1960	FCTO
12/06/1977	OUDENAARDE	10,000 m	54' 45" 0	VANDENBROECK Patrick	30/01/1960	FCTO
18/06/1978	MERKSEM	10,000 m	52' 51" 7	DECLERCQ Jean	20/09/1962	HSP
27/05/1979	BORNEM	10,000 m	52' 24" 0	DECLERCQ Jean	20/09/1962	HSP
1/06/1980	NAMEN	10,000 m	51' 05" 0	MARTENS Jos	14/06/1964	HDD
31/05/1981	GENK	10,000 m	52' 18" 1	MARTENS Jos	14/06/1964	HDD
31/07/1982	NAMEN	10,000 m	53' 24" 6	BURTON Philippe	24/04/1965	CHAP
9/07/1983	WILLEBROEK	10,000 m	58' 28" 6	DIDENS Gregory	7/12/1967	CHAP
10/06/1984	ST. GHISLAIN	10,000 m	52' 14" 2	GERARD Joel	14/03/1967	MABI
25/05/1985	WAREGEM	10,000 m	54' 43" 4	HUME Fabian	8/10/1969	CHAP
31/05/1986	ST. GHISLAIN	10,000 m	49' 25" 6	HUME Fabian	8/10/1969	CHAP
6/06/1987	DEINZE	10,000 m	52' 24" 5	DEBEL Mario	4/04/1970	KKS
4/06/1988	ST. GHISLAIN	10,000 m	54' 27" 4	SCHOUCKENS Philippe	5/09/1971	MABI
9/07/1989	WAREGEM	10,000 m		Geen deelnemers		
12/05/1990	ANDENNE	10,000 m	45' 11" 09	LEROY Benjamin	9/07/1973	MABI
11/05/1991	ZWEVEGEM	10,000 m	56' 49" 1	BUISSERET Eric	30/01/1974	MABI
13/09/1992	DILBEEK	10,000 m	53' 54" 7	DERENZIS Edwin	21/01/1976	MABI
25/09/1993	ANDENNE	10,000 m	54' 27" 6	DERENZIS Edwin	21/01/1971	EAH
23/10/1994	NIJVEL	10,000 m	9600 M	AMRANE Gelloul	12/01/1978	TAC
21/05/1995	JAMBES	10,000 m	55' 27" 6	GHIGNATTI Damiano	1/09/1979	TAC
1/05/1996	JAMBES	10,000 m		Geen deelnemers		
14/09/1997	DUFFEL	10,000 m	49' 14" 5	CORDIER Vincent	16/01/1981	CABW
13/06/1998	CHARLEROI	10,000 m	57' 06" 8	CORDIER Vincent	16/01/1981	CABW
12/06/1999	CHARLEROI	10,000 m	1 h 14' 14" 3	BRILOT Damien	1/08/1983	SMAC
10/06/2000	CHARLEROI	10,000 m		Geen deelnemers		
26/05/2001	CHARLEROI	10,000 m	1 h 04' 00" 7	VOET Gert	26/03/1985	DUFF
1/06/2002	CHARLEROI	10,000 m	1 h 06' 31" 1	VOET Gert	26/03/1985	DUFF
14/06/2003	CHARLEROI	10,000 m		Geen deelnemers		
29/05/2004	CHARLEROI	10,000 m	50' 16" 7	COLETTE Olivier	12/07/1988	CABW
21/05/2005	CHARLEROI	10,000 m	1 h 07' 03" 3	MAES Bjorn	13/10/1988	BRAB

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
CADETTEN						
9/06/1968	MARCHIENNE	3,000 m	16' 01" 2	AELTERMAN Andre	28/01/1953	VS
15/06/1969	MARCHIENNE	3,000 m	15' 45" 04	AELTERMAN Andre	28/01/1953	VS
28/06/1970	OUDENAARDE	3,000 m	15' 15" 1	BARTHE Franz	,,/,/1954	ACQ
6/06/1971	MARCHIENNE	5,000 m	26' 23" 8	VERSCHOREN Lucien	,,/,/1956	TSM
29/07/1972	HEYSEL-BRUSSEL	5,000 m	29' 15" 0	SAEYS Jean-Francois		FCM
22/09/1973	HEYSEL-BRUSSEL	5,000 m	27' 25" 6	DE MEESTER Paul	27/10/1959	OLYM
28/07/1974	HEYSEL-BRUSSEL	5,000 m	26' 09" 8	DE MEESTER Paul	27/10/1959	OLYM
27/07/1975	NAMEN	5,000 m	26' 19" 4	DOLET Marc	6/01/1960	MOHA
27/06/1976	GAURAIN-RAMECROIX	5,000 m	28' 21" 2	VANDENBROECK Pascal	1/02/1961	FCTO
12/06/1977	OUDENAARDE	5,000 m	27' 45" 1	BATAILLE Dominique	5/09/1962	USLE
18/06/1978	MERKSEM	5,000 m	27' 32" 1	BATAILLE Stephane	15/09/1963	USLE
27/05/1979	BORNEM	5,000 m	26' 53" 5	MARTENS Jos	14/06/1964	HDD
1/06/1980	NAMEN	5,000 m	27' 37" 0	BURTON Philippe	24/04/1965	CHAP
31/05/1981	GENK	5,000 m	28' 00" 9	DIDENS Gregory	7/12/1967	CHAP
31/07/1982	NAMEN	5,000 m	26' 37" 1	DIDENS Gregory	7/12/1967	CHAP
9/07/1983	WILLEBROEK	5,000 m	30' 47" 1	HUME Fabian	8/10/1969	CHAP
10/06/1984	ST. GHISLAIN	5,000 m	26' 02" 0	HUME Fabian	8/10/1969	CHAP
25/05/1985	WAREGEM	5,000 m	27' 09" 9	DEBEL Mario	4/04/1970	KKS
31/05/1986	ST. GHISLAIN	5,000 m	26' 41" 0	LEFEVRE Didier	22/03/1971	TAC
6/06/1987	DEINZE	5,000 m	26' 23" 5	DE BLANCK Lieven	31/01/1972	WAC
4/06/1988	ST. GHISLAIN	5,000 m	28' 04" 3	MUSIAUX Laurent	6/08/1973	TAC
9/07/1989	WAREGEM	5,000 m		Geen deelnemers		
12/05/1990	ANDENNE	5,000 m	25' 39" 02	HUME Christophe	30/09/1975	MABI
11/05/1991	ZWEVEGEM	5,000 m	27' 50" 7	DERENZIS Edwin	21/01/1976	MABI
13/09/1992	DILBEEK	5,000 m	29' 22" 5	LEROY Jeremie	11/03/1977	MABI
25/09/1993	ANDENNE	5,000 m	28' 21" 1	LEFEVER Hans	9/11/1979	DUFF
23/10/1994	NIJVEL	5,000 m	25' 29" 7	GHIGNATTI Damiano	1/09/1979	TAC
21/05/1995	JAMBES	5,000 m	26' 43" 5	CORDIER Vincent	16/01/1981	CABW
1/05/1996	JAMBES	5,000 m	27' 02" 90	CORDIER Vincent	16/01/1981	CABW
14/09/1997	DUFFEL	5,000 m	29' 21" 9	DETRAIT Moreau	9/04/1982	USBI
13/06/1998	CHARLEROI	5,000 m	36' 12" 4	BRILOT Damien	1/08/1983	SMAC
12/06/1999	CHARLEROI	5,000 m	32' 11" 1	VOET Gert	26/03/1985	DUFF
10/06/2000	CHARLEROI	5,000 m	29' 09" 8	VOET Gert	26/03/1985	DUFF
26/05/2001	CHARLEROI	5,000 m	35' 52" 9	DE MEYER Jeroen	15/05/1987	OLSE
1/06/2002	CHARLEROI	5,000 m	27' 28" 7	ANTEDAMUS Thomas	9/09/1987	GOSP
14/06/2003	CHARLEROI	5,000 m	35' 44" 2	SCHEPERS Koen	5/07/1989	DUFF
29/05/2004	CHARLEROI	5,000 m		Geen deelnemers		
21/05/2005	CHARLEROI	5,000 m		Geen deelnemers		

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
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SCHOLIEREN

11/02/1990	GENT	2000 m	10' 24" 50	DE BLANCK Claudine	3/03/1973	AZW
24/01/1991	GENT	2000 m	10' 24" 16	DRUGMAND Christel	22/04/1975	ACLO
16/02/1992	GENT	2000 m	10 ' 12" 32	AELBRECHT Catherine	8/03/1975	ASSA
7/02/1993	GENT	2000 m	12' 37" 10	LIEM Nancy	12/02/1976	TAC
6/02/1994	GENT	2000 m	10' 20" 64	VANOVERMEEREN Sandra	17/05/1978	ASSA

CADETTEN

11/02/1990	GENT	2000 m	9 ' 38" 50	AELBRECHT Catherine	8/03/1975	ASSA
24/01/1991	GENT	2000 m		Geen deelnemers		
16/02/1992	GENT	2000 m	10' 18" 65	VANOVERMEEREN Sandra	17/05/1978	ASSA
7/02/1993	GENT	2000 m	10' 31" 98	VANOVERMEEREN Sandra	17/05/1978	ASSA
6/02/1994	GENT	2000 m	13' 22" 32	HENDRICKx Bianca	22/12/1980	DUFF

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
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SCHOLIEREN

18/02/1990	GENT	3000 m	13' 53" 03	LEROY Benjamin	9/07/1973	MABI
17/02/1991	GENT	3000 m	15' 12" 7	HUME Christophe	30/09/1973	OSGA
2/02/1992	GENT	3000 m	16' 04" 81	VAN HEURCK Mark	10/03/1975	DUFF
31/01/1993	GENT	3000 m		Geen deelnemers		
30/01/1994	GENT	3000 m		Geen deelnemers		

CADETTEN

18/02/1990	GENT	3000 m	16' 03" 52	HUME Christophe	30/09/1973	OSGA
17/02/1991	GENT	3000 m		Geen deelnemers		
2/02/1992	GENT	3000 m	20' 05" 71	MELSENS Glen	1977	ACIP
31/01/1993	GENT	3000 m	17' 49" 10	DHOOMS Jurgen	20/01/1979	BEAC
30/01/1994	GENT	3000 m	15' 48" 92	LEFEVER Hans	9/11/1979	DUFF

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
11/06/1977	OUDENAARDE	5000 m	34' 16" 0	VELGHE Christel	8/01/1957	KKS
			36' 33" 2	SERVAIS Marie-Claire	17/07/1950	TAC
18/07/1978	MERKSEM	5000 m	29' 31" 6	HOOGSTOEL Claudine	12/07/1955	ASSA
			29' 49" 5	MIDDEL Ingrid	„/„/1958	USLE
			30' 03" 2	HELOIR Dominique	31/07/1958	RUSB
27/05/1979	BORNEM	5000 m	27' 29" 9	HOOGSTOEL Claudine	12/07/1955	ASSA
			29' 21" 6	HELOIR Dominique	31/07/1958	USLE
			29' 48" 2	MIDDEL Ingrid	„/„/1958	USLE
1/06/1980	NAMEN	5000 m	26' 09"	HOOGSTOEL Claudine	12/07/1955	ASSA
			27' 29"	HOOGSTOEL Nadine	12/07/1955	ASSA
			28' 55"	HELOIR Dominique	31/07/1958	USLE
31/05/1981	GENK	5000 m	26' 52" 3	HOOGSTOEL Claudine	12/07/1955	ASSA
			28' 37" 1	HOOGSTOEL Nadine	12/07/1955	ASSA
			28' 47" 1	HELOIR Dominique	31/07/1978	USLE
31/07/1982	NAMEN	5000 m	27' 09" 4	HOOGSTOEL Claudine	12/07/1975	ASSA
			29' 27" 5	HOOGSTOEL Nadine	12/07/1955	ASSA
			31' 08" 5	DE WOLF Frieda	26/05/1943	BREE
9/07/1983	WILLEBROEK	5000 m	27' 20" 5	HOOGSTOEL Claudine	12/07/1955	ASSA
			28' 48" 5	HOOGSTOEL Nadine	12/07/1955	ASSA
			29' 26" 3	DE WOLF Frieda	26/05/1943	BREE
30/06/1984	ST. GHISLAIN	5000 m	26' 35" 1	HOOGSTOEL Claudine	12/07/1955	ASSA
			27' 37" 4	HOOGSTOEL Nadine	12/07/1955	ASSA
			28' 26" 2	DE WOLF Frieda	26/05/1943	BREE
25/05/1985	WAREGEM	5000 m	26' 42" 6	HOOGSTOEL Claudine	12/07/1955	ASSA
			26' 49" 6	SCHENCK Christel	17/02/1965	LIER
			27' 05" 4	HOOGSTOEL Nadine	12/07/1955	ASSA
31/05/1986	ST. GHISLAIN	10000 m	55' 24" 5	SCHENCK Christel	17/02/1965	WIBO
			59' 28" 7	PLUQUET Marthe	27/06/1965	OSGA
			60' 32" 5	YSMAL Danielle	27/10/1947	CSC
31/07/1987	HEYSEL-BRUSSEL	10000 m	52' 27" 99	DESMET Sabine	18/09/1971	WAC
			53' 25" 40	SCHENCK Christel	17/02/1965	WIBO
			53' 47" 47	DE BLANCK Sabine	16/10/1968	WAC
2/09/1988	HEYSEL-BRUSSEL	10000 m	53' 27" 3	CEULEMANS Christa	6/02/1967	HDD
			54' 01" 4	SCHENCK Christel	17/02/1965	WIBO
			57' 33" 5	PLUQUET Marthe	27/06/1965	OSGA
29/07/1989	LEUVEN	10000 m	55' 07" 8	CEULEMANS Christa	6/02/1967	HDD
			57' 45" 1	SCHENCK Christel	17/02/1965	WIBO
			1 h 02' 21" 4	DE BLANCK Caroline	22/09/1970	AZW
12/07/1990	ANDENNE	5000 m	24' 49" 02	CEULEMANS Christa	6/02/1967	HDD
			26' 59" 06	SCHENCK Christel	17/02/1965	WIBO
			27' 04" 06	TENTENIER Ann	9/01/1969	OLYM
11/05/1991	ZWEVEGEM	5000 m	27' 15" 8	CEULEMANS Christa	6/02/1967	HDD
			27' 25" 7	TENTENIER Ann	9/01/1969	OLYM
			27' 46" 8	SCHENCK Christel	17/02/1965	KKS
13/09/1992	DILBEEK	5000 m	24' 52" 3	CEULEMANS Christa	6/02/1967	RFCL
			26' 21" 5	SCHENCK Christel	17/02/1965	KKS
			27' 39" 8	DE WOLF Frieda	26/05/1943	BREE
25/09/1993	ANDENNE	5000 m	25' 41" 6	CEULEMANS Christa	6/02/1967	RFCL
			27' 02" 9	SCHENCK Christel	17/02/1965	KKS
			27' 21" 1	DE WOLF Frieda	26/05/1943	BREE
23/10/1994	NIJVEL	5000 m	26' 04" 0	CEULEMANS Christa	6/02/1967	RFCL
			26' 10" 9	SCHENCK Christel	17/02/1965	KKS
				DE VRIESE Christelle	2/04/1971	TAC
21/05/1995	JAMBES	5000 m	28' 02" 5	DE WOLF Frieda	26/05/1943	BREE
			32' 22" 0	HOOGEWIJS Godelieve	15/09/1947	CABW
			32' 39" 7	BURTON Marie-Christiane	1/06/1951	CABW
1/05/1996	JAMBES	5000 m	28' 02" 60	SCHENCK Christel	17/02/1965	KKS
			28' 55" 80	DE WOLF Frieda	26/05/1943	BREE
			31' 55" 40	HOOGEWIJS Godelieve	15/09/1947	CABW

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
14/09/1997	DUFFEL	5000 m	27' 46" 0	SCHENCK Christel	17/02/1965	KKS
13/09/1998	CHARLEROI	5000 m	28' 18" 5	SCHENCK Christel	17/02/1965	KKS
			39' 43" 5	BELLA Annie	5/01/1972	GOSP
7/08/1999	CHARLEROI	5000 m	34' 28" 0	DE SMET Liesbet	26/06/1982	DUFF
			35' 05" 0	HOOGEWIJS Godelieve	15/09/1947	CABW
			36' 27" 1	PAUWELS Hilde	15/06/1966	VOLH
3/06/2000	CHARLEROI	5000 m	30' 41" 8	DE SMET Liesbet	26/06/1982	DUFF
			30' 55" 2	DE WOLF Frieda	26/05/1943	BREE
			33' 28" 2	HOOGEWIJS Godelieve	15/09/1947	GOSP
9/06/2001	CHARLEROI	5000 m	29' 32" 5	DE SMET Liesbet	26/06/1982	DUFF
			30' 01" 3	DE WOLF Frieda	26/05/1943	BREE
			36' 36" 5	CONNEROTTE Isabelle	12/01/1963	GOSP
8/06/2002	CHARLEROI	5000 m	33' 45" 1	DE SMET Liesbet	26/06/1982	DUFF
			37' 29" 5	CONNEROTTE Isabelle	12/01/1963	GOSP
			39' 43" 6	CONNEROTTE Chantel	11/11/1955	GOSP
14/06/2003	CHARLEROI	5000 m	31' 11" 9	DE SMET Liesbet	26/06/1982	DUFF
12/06/2004	CHARLEROI	5000 m	31' 15" 6	DE WOLF Frieda	26/05/1943	BREE
			32' 16" 9	DE SMET Liesbet	26/06/1982	DUFF
			32' 19" 2	THOREZ Lucie	13/08/1948	GOSP
11/06/2005	CHARLEROI	10000 m	1 h 03' 10" 7	HOUSMANS Caroline	23/03/1989	GOSP
			1 h 05' 51" 5	DE SMET Liesbet	26/06/1982	DUFF
			1 h 10' 26" 6	LEFEBVRE Marie-Jeanne	28/05/1986	ASSA

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
28/06/1952	HEYSEL-BRUSSEL	10.000 m	52' 00" 8	DELANNOIT Robert	9/03/1922	WS
			53' 55" 2	HEUSE Henri		WS
			55' 43" 6	DELANNOIT L.		WS
1953	HEYSEL-BRUSSEL	10.000 m	51' 26" 4	DELANNOIT Robert	9/03/1932	WS
				???		
				???		
7/08/1954	HEYSEL-BRUSSEL	10.000 m	50' 51" 8	DE GREEF A.		UCLA
			50' 52" 0	GOSSEL Jules	23/03/1921	WS
			53' ????	EECKHOUT A.		UMB
17/07/1955	HEYSEL-BRUSSEL	10.000 m	52' 54" 4	DELANNOIT Robert	9/03/1922	WS
			53' 04" 4	DEBASSIEUX Edouard		WAC
			54' 36" 2	VANDERHAEGEN Joel	10/05/1928	ASVO
5/08/1956	HEYSEL-BRUSSEL	10.000 m	48' 40" 0	VANDERHAEGEN Joel	10/05/1928	ASVO
			48' 57" 0	DEBASSIEUX Edouard		WAC
			51' 34" 6	LIPPENS Andre	27/07/1931	ASVO
3/08/1957	HEYSEL-BRUSSEL	10.000 m	50' 47" 4	VANDERHAEGEN Joel	10/05/1928	ASVO
			50' 56" 6	LIPPENS Andre	27/07/1931	ASVO
			51' 58" 4	LARUELLE Freddy		RFCL
2/08/1958	HEYSEL-BRUSSEL	10.000 m	49' 47" 0	VANDERHAEGEN Joel	10/05/1928	ASVO
			50' 05" 2	VANDERHAEGEN Francois	27/08/1930	ASVO
			52' 18" 2	LIPPENS Andre	27/07/1931	ASVO
1/08/1959	HEYSEL-BRUSSEL	10.000 m	48' 44" 0	VANDERHAEGEN Francois	27/08/1930	ASVO
			49' 42" 0	VANDERHAEGEN Joel	10/05/1928	ASVO
			52' 44" 6	LIPPENS Andre	27/07/1931	ASVO
7/08/1960	MARCINELLE	20.000 m	1 h 44' 08"	VANDERHAEGEN Joel	10/05/1928	ASVO
			1 h 52' 00" 4	VANDERHAEGEN Francois	27/08/1930	ASVO
			1 h 53' 14"	LIPPENS Andre	27/07/1931	ASVO
30/07/1961	MARCINELLE	20.000 m	1 h 46' 27"	SCHOUCKENS Robert	27/05/1928	USBI
			1 h 46' 57"	RINCHARD Robert	29/05/1931	ESJ
			1 h 48' 26"	LIPPENS Andre	27/03/1931	ASVO
1962	HEYSEL-BRUSSEL	20.000 m	1 h 44' 35" 4	VANDERHAEGEN Joel	10/05/1928	ASVO
			1 h 51' .."	SCHOUCKENS Robert	27/05/1928	USBI
			1 h ..' .."	RINCHARD Robert	29/05/1931	ESJ
5/10/1963	OUDENAARDE	20.000 m	1 h 44' 27" 6	RINCHARD Robert	29/05/1931	ESJ
				???		
				???		
1/08/1964	HEYSEL-BRUSSEL	20.000 m	1 h 44' 22" 2	SCHOUCKENS Robert	27/05/1928	USBI
			1 h 48' 57" 2	DARDENNE Robert		RCB
			1 h 50' 14" 4	HILGERS Jean	3/07/1938	LACE
7/08/1965	HEYSEL-BRUSSEL	20.000 m	1 h 45' 43" 2	SCHOUCKENS Robert	27/05/1928	USBI
				???		
				???		
7/08/1966	HEYSEL-BRUSSEL	20.000 m	1 h 45' 08" 0	VAN LIEDEKERKE Maurice	28/08/1933	VS
			1 h 47' 30" 6	SCHOUCKENS Robert	27/05/1928	USBI
			1 h 48' 32" 0	RINCHARD Robert	29/05/1931	ESJ
5/08/1967	HEYSEL-BRUSSEL	20.000 m	1 h 41' 51" 4	VAN LIEDEKERKE Maurice	28/08/1933	VS
			1 h 41' 54" 8	TIMMERMANS Roger	11/06/1934	FCM
			1 h 44' 00"	SCHOUCKENS Robert	27/05/1928	USBI
9/06/1968	MARCHIENNE	20.000 m	1 h 43' 02" 0	RINCHARD Robert	29/05/1931	ESJ
			1 h 44' 26" 0	SCHOUCKENS Robert	27/05/1928	USBI
			1 h 46' 24" 6	BELLANGER Pierre	17/01/1933	RFCL
8/06/1969	MARCHIENNE	20.000 m	1 h 47' 04"	RINCHARD Robert	29/05/1931	ESJ
			1 h 48' 06"	BELLANGER Pierre	17/01/1933	FCM
			1 h 48' 56"	SCHOUCKENS Robert	27/05/1928	USBI
28/06/1970	OUDENAARDE	20.000 m	1 h 45' 01"	VAN LIEDEKERKE Maurice	28/08/1933	VS
			1 h 45' 14"	PEETERS Leon	6/09/1938	FCM
			1 h 45' 56"	BELLANGER Pierre	17/01/1933	FCM
6/06/1971	MARCHIENNE	20.000 m	1 h 39' 48"	PEETERS Leon	6/09/1938	FCM
			1 h 41' 46"	VAN LIEDEKERKE Maurice	28/08/1933	VS
			1 h 44' 08"	LOUIS Joseph	25/07/1933	FCM
29/07/1972	HEYSEL-BRUSSEL	20.000 m	1 h 37' 39"	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 45' 32"	RINCHARD Robert	29/05/1931	ESJ
			1 h 48' 11"	LOUIS Joseph	25/07/1933	FCM

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
22/09/1973	HEYSEL-BRUSSEL	20.000 m	1 h 36' 02" 4	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 38' 58" 2	HALLOY Christian	21/10/1944	URN
			1 h ..' .."	LOUIS Joseph	25/07/1933	FCM
28/07/1974	HEYSEL-BRUSSEL	20.000 m	1 h 35' 01" 0	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 38' 37" 0	HALLOY Christian	21/10/1944	URN
			1 h 42' 26" 2	VAN PUYENBROEK Serge	7/10/1948	ACQ
27/07/1975	NAMEN	20.000 m	1 h 32' 24" 2	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 41' 55" 4	VAN WITTENBERGHE Andre	19/10/1953	USLE
			1 h 42' 58" 0	GOUJON Gerard	16/03/1950	SMAC
27/06/1976	GAURAIN-RAMECROIX	20.000 m	1 h 38' 24" 4	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 46' 42" 0	LIPPENS Andre	27/08/1955	ASVO
			1 h 48' 31" 6	HALLOY Christian	21/10/1944	SMAC
12/06/1977	OUDENAARDE	20.000 m	1 h 38' 34" 2	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 40' 01" 9	GOUJON Gerard	16/03/1950	TAC
			1 h 46' 40" 7	HALLOY Christian	21/10/1944	HSP
18/06/1978	MERKSEM	20.000 m	1 h 37' 43" 5	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 38' 20" 9	GOUJON Gerard	16/03/1950	TAC
			1 h 43' 47" 7	MUSIAUX Marc	21/09/1952	TAC
27/05/1979	BORNEM	20.000 m	1 h 38' 45" 0	MUSIAUX Marc	21/09/1952	TAC
			1 h 39' 55" 0	FORTHOMME Paul	1/03/1938	FAC
			1 h 41' 25" 8	GILSON Daniel	28/06/1953	FCM
1/06/1980	NAMEN	20.000 m	1 h 33' 45"	MUSIAUX Marc	21/09/1952	TAC
			1 h 35' 16"	GOUJON Gerard	16/03/1950	TAC
			1 h 38' 03"	DEBEL Donald	3/01/1947	KKS
31/05/1981	GENK	20.000 m	1 h 41' 28" 1	GOUJON Gerard	16/03/1950	TAC
			1 h 42' 06" 6	DEBEL Donald	3/01/1947	KKS
			1 h 43' 28" 7	THEISMAN Joseph	10/12/1953	ACHT
31/07/1982	NAMEN	20.000 m	1 h 37' 30" 4	DEBEL Donald	3/01/1947	KKS
			1 h 39' 31" 7	GOUJON Gerard	16/03/1950	TAC
			1 h 41' 32" 3	MUSIAUX Marc	21/09/1952	TAC
9/07/1983	WILLEBROEK	20.000 m	1 h 40' 21" 3	DEBEL Donald	3/01/1947	KKS
			1 h 42' 36" 9	GOUJON Gerard	16/03/1950	TAC
			1 h 45' 54" 6	GLINEUR Daniel	12/02/1959	ATH
30/06/1984	SAINT GHISLAIN	20.000 m	1 h 35' 31" 7	LEDUNE Eric	1/10/1963	ACQ
			1 h 37' 59" 5	MUSIAUX Marc	21/09/1950	CHAP
			1 h 40' 31" 4	DEJONCKHEERE Godfried	1/07/1950	KKS
25/05/1985	WAREGEM	20.000 m	1 h 36' 08" 2	LEDUNE Eric	1/10/1963	ACQ
			1 h 38' 53" 3	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 39' 20" 0	BURTON Philippe	24/04/1965	CHAP
31/05/1986	SAINT GHISLAIN	20.000 m	1 h 31' 54" 0	MARTENS Jos	14/06/1964	HDD
			1 h 33' 07" 0	BURTON Philippe	24/04/1965	CHAP
			1 h 33' 16" 3	DEJONCKHEERE Godfried	1/07/1952	KKS
31/07/1987	HEYSEL-BRUSSEL	20.000 m	1 h 30' 28" 2	MARTENS Jos	14/06/1964	HDD
			1 h 34' 31" 3	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 36' 28" 3	VANDENBOSCH Dirk	21/05/1967	HDD
2/09/1988	HEYSEL-BRUSSEL	20.000 m	1 h 26' 24"	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 38' 56"	GOUJON Gerard	16/03/1950	TAC
			1 h 44' 49"	DEBEL Mario	4/04/1970	KKS
29/07/1989	LEUVEN	20.000 m	1 h 29' 18" 4	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 38' 35" 3	HUME Fabian	8/10/1969	OSGA
			1 h 41' 40" 0	GOUJON Gerard	16/03/1950	TAC
12/05/1990	ANDENNE	20.000 m	1 h 28' 38" 02	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 35' 07" 07	HUME Fabian	8/10/1969	OSGA
			1 h 38' 00" 08	GOUJON Gerard	16/03/1950	TAC
11/05/1991	ZWEVEGEM	20.000 m	1 h 39' 39"	GOUJON Gerard	16/03/1950	TAC
			1 h 41' 41"	BIEBUYCK Pascal	3/01/1968	ASSA
			1 h 45' 41"	BOGAERT Dirk	11/03/1958	ACME
13/09/1992	DILBEEK	20.000 m	1 h 33' 50" 0	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 39' 47" 2	NICQUE Dirk	6/03/1963	BEAC
			1 h 41' 41" 2	HUME Fabian	8/10/1969	CABW
25/09/1993	ANDENNE	20.000 m	1 h 34' 42" 9	LEROY Benjamin	9/07/1973	ESC
			1 h 36' 07" 3	NICQUE Luc	11/05/1964	BEAC
			1 h 38' 31" 7	NICQUE Dirk	6/03/1963	BEAC
23/10/1994	NIJVEL	20.000 m	1 h 34' 43" 3	LEROY Benjamin	9/07/1973	ESC
			1 h 39' 41" 8	NICQUE Dirk	6/03/1963	BEAC
			1 h 42' 48" 6	NICQUE Luc	11/05/1964	BEAC

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
21/05/1995	JAMBES	20.000 m	1 h 32' 02" 2	LEROY Benjamin	9/07/1973	ESC
			1 h 33' 07" 9	NICQUE Dirk	6/03/1963	BEAC
			1 h 37' 56" 2	NICQUE Luc	11/05/1964	BEAC
1/05/1996	JAMBES	20.000 m	1 h 35' 51" 10	LEROY Benjamin	9/07/1973	ESC
			1 h 40' 52" 10	DEJONCKHEERE Godfried	1/07/1952	KKS
			1 h 47' 42" 00	BOGAERT Dirk	11/03/1958	ACME
14/09/1997	DUFFEL	20.000 m	1 h 27' 52"	NICQUE Dirk	6/03/1963	ABES
			1 h 39' 38"	NICQUE Luc	11/05/1964	BRAB
			1 h 42' 55"	BUYTAERT Frank	26/03/1971	OLSE
13/06/1998	CHARLEROI	20.000 m	1 h 36' 38" 4	LEROY Benjamin	9/07/1973	CABW
			1 h 49' 00" 1	NICQUE Luc	11/05/1964	VOLH
			1 h 52' 06" 0	BOGAERT Dirk	11/03/1958	ACME
7/08/1999	CHARLEROI	20.000 m	1 h 43' 42" 0	LEROY Benjamin	9/07/1973	CABW
			1 h 52' 13" 3	NICQUE Luc	11/05/1964	VOLH
			1 h 55' 11" 4	BOGAERT Dirk	11/03/1958	ACME
3/03/2000	CHARLEROI	20.000 m	1 h 58' 39" 1	BOGAERT Dirk	11/03/1958	ACME
			2 h 17' 12" 5	GABRIELS Pierre	23/03/1944	BREE
			2 h 23' 05" 9	ONDEL Fabian	27/03/1962	IXEL
9/06/2001	CHARLEROI	20.000 m	1 h 36' 44"	LEROY Benjamin	9/07/1973	CABW
			1 h 48' 44"	BOGAERT Dirk	11/03/1958	ACME
			1 h 56' 47"	BUISSERET Eric	30/01/1974	CABW
6/02/2002	CHARLEROI	20.000 m	1 h 47' 45" 2	HUME Christophe	30/09/1975	CABW
			1 h 52' 03" 3	BOGAERT Dirk	11/03/1958	ACME
			2 h 18' 58" 3	MEURET Philippe	19/04/1977	EAH
14/06/2003	CHARLEROI	20.000 m	1 h 42' 33" 6	HUME Christophe	30/09/1975	CABW
			1 h 47' 48" 8	BIEBUYCK Pascal	3/01/1968	UAFA
			2 h 12' 21" 9	MEURET Philippe	19/04/1977	EAH
12/06/2004	CHARLEROI	20.000 m	1 h 38' 40" 7	BUYTAERT Frank	26/03/1971	OLSE
			1 h 39' 32" 5	LEROY Benjamin	9/07/1973	CABW
			1 h 40' 44" 6	NICQUE Dirk	6/03/1963	ACW
11/06/2005	CHARLEROI	20.000 m	1 h 35' 52" 2	BUYTAERT Frank	26/03/1971	OLSE
			1 h 47' 18" 2	BOGAERT Dirk	11/03/1958	ACME
			1 h 51' 56" 1	NICQUE Luc	11/05/1964	VOLH

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
24/01/1987	LIEVIN-FRA	3000 m	13' 58" 3	DESMET Sabine	18/09/1971	WAC
			14' 51" 7	DE BLANCK Sabine	16/10/1968	WAC
			14' 53" 1	CEULEMANS Christa	6/02/1967	HDD
20/02/1988	GENT	3000 m	14' 03" 0	DE BLANCK Sabine	16/10/1968	WAC
			14' 08" 7	DESMET Sabine	18/09/1971	WAC
			14' 19" 4	CEULEMANS Christa	6/02/1967	HDD
29/01/1989	LIEVIN-FRA	3000 m	15' 12" 3	CEULEMANS Christa	6/02/1967	HDD
			15' 22" 7	DESMET Sabine	18/09/1971	AZW
			15' 40" 2	AELBRECHT Catherine	8/03/1975	ASSA
11/02/1990	GENT	3000 m	14' 42" 73	CEULEMANS Christa	6/02/1967	HDD
			14' 48" 72	AELBRECHT Catherine	8/03/1975	ASSA
			15' 50" 49	GERARD Veronique	17/08/1971	MABI
24/01/1991	GENT	3000 m	15' 30" 54	CEULEMANS Christa	6/02/1967	HDD
			16' 08" 52	TENTENIER Ann	9/01/1969	OLYM
			14' 19" 27	CEULEMANS Christa	6/02/1967	RFCL
16/02/1992	GENT	3000 m	15' 43" 08	VANOVERMEEREN Sandra	17/05/1978	ASSA
			16' 06" 55	AELBRECHT Catherine	8/03/1975	ASSA
			14' 56" 83	CEULEMANS Christa	6/02/1967	RFCL
7/02/1993	GENT	3000 m	15' 43" 68	SCHENCK Christel	17/02/1965	KKS
			16' 20" 09	VANOVERMEEREN Sandra	17/05/1978	ASSA
			14' 33" 54	CEULEMANS Christa	6/02/1967	RFCL
6/02/1994	GENT	3000 m	15' 33" 29	SCHENCK Christel	17/02/1965	KKS
			15' 38" 29	VANOVERMEEREN Sandra	17/05/1978	ASSA

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
12/02/1978	PARIJS-FRA Nat. Criterium	3000 m	13' 10" 4	DEJONCKHEERE Godfried	1/07/1952	KKS
			13' 38" 1	MUSIAUX Marc	21/09/1952	TAC
			13' 40" 6	GOUJON Gerard	16/03/1950	TAC
4/02/1979	DUSSELDORF-FRG	3000 m	13' 26" 2	GOUJON Gerard	16/03/1950	TAC
			13' 36" 4	DEBEL Donald	3/01/1947	KKS
			14' 11" 0	LAMBRECHTS Johan	10/06/1949	RCG
4/02/1980	DUSSELDORF-FRG	3000 m	13' 17" 8	MUSIAUX Marc	21/09/1952	TAC
			13' 28" 2	DEBEL Donald	3/01/1947	KKS
			13' 39" 4	GILSON Daniel	28/06/1953	FAC
8/02/1981	DUSSELDORF-FRG	3000 m	13' 16" 01	MUSIAUX Marc	21/09/1952	TAC
			13' 17" 45	DEBEL Donald	3/01/1947	KKS
			14' 26" 32	VAN MALCOT Etienne	6/06/1957	CSF
7/02/1982	DUSSELDORF-FRG	3000 m	13' 13" 80	DEBEL Donald	3/01/1947	KKS
			14' 05" 12	STEENHOUDT Hendrik	1/10/1943	ACG
			14' 12" 63	DE MAERE Patrick	4/06/1959	OLYM
6/02/1983	DUSSELDORF-FRG	3000 m	13' 19" 43	MUSIAUX Marc	21/09/1952	CHAP
			13' 40" 64	STEENHOUDT Hendrik	1/10/1943	ACG
			13' 51" 00	GLINEUR Daniel	12/02/1959	ATH
12/02/1984	DUSSELDORF-FRG	3000 m	11' 59" 4	MARTENS Jos	14/06/1964	HDD
			12' 47" 3	MUSIAUX Marc	21/09/1952	CHAP
			13' 52" 5	BURTON Philippe	24/04/1965	CHAP
3/02/1985	MAASTRICHT-NL	3000 m	13' 01" 97	MUSIAUX Marc	21/09/1952	CHAP
			13' 03" 32	DEJONCKHEERE Godfried	1/07/1952	KKS
			13' 13" 45	BECKERS Paul	22/08/1962	TUAC
9/02/1986	LIEVIN-FRA	3000 m	12' 38" 9	BURTON Philippe	24/04/1965	CHAP
			12' 45" 3	DEJONCKHEERE Godfried	1/07/1952	KKS
			12' 50" 7	VANDENBOSCH Dirk	21/05/1969	HDD
24/01/1987	LIEVIN-FRA	5000 m	20' 20" 2	MARTENS Jos	14/06/1964	HDD
			20' 33" 2	BURTON Philippe	24/04/1965	CHAP
			20' 48" 2	VANDENBOSCH Dirk	21/05/1967	HDD
20/02/1988	GENT	5000 m	19' 06" 5	MARTENS Jos	14/06/1964	HDD
			19' 55" 1	VANDENBOSCH Dirk	21/05/1967	HDD
			21' 27" 3	DEJONCKHEERE Godfried	1/07/1952	KKS
29/01/1989	LIEVIN-FRA	5000 m	21' 19" 1	DEJONCKHEERE Godfried	1/07/1952	KKS
			21' 43" 3	BURTON Philippe	24/04/1965	ACLO
			23' 56" 9	HUME Fabian	8/10/1969	OSGA
11/02/1990	GENT	5000 m	22' 00" 66	DEJONCKHEERE Godfried	1/07/1952	KKS
			23' 51" 36	BOGAERT Dirk	11/03/1958	ACME
			24' 08" 95	MUSIAUX Marc	21/09/1952	TAC
24/02/1991	GENT	5000 m	21' 21" 95	DEJONCKHEERE Godfried	1/07/1952	KKS
			23' 29" 71	NICQUE Luc	21/05/1964	OLYM
			23' 32" 34	MUSIAUX Marc	21/09/1952	TAC
16/02/1992	GENT	5000 m	21' 01" 26	DEJONCKHEERE Godfried	1/07/1952	KKS
			21' 18" 46	LEROY Benjamin	9/07/1973	MABI
			22' 43" 28	NICQUE Luc	11/05/1964	BEAC
7/02/1993	GENT	5000 m	20' 48" 97	LEROY Benjamin	9/07/1973	ESC
			22' 11" 53	DEJONCKHEERE Godfried	1/07/1952	KKS
			23' 14" 62	NICQUE Luc	11/05/1964	BEAC
6/02/1994	GENT	5000 m	22' 38" 69	LEROY Benjamin	9/07/1973	ESC
			23' 15" 80	NICQUE Dirk	6/03/1963	BEAC
			23' 42" 19	NICQUE Luc	11/05/1964	BEAC

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
17/02/2001	GENT	5000 m	20' 43" 65	LEROY Benjamin	9/07/1973	CABW
			23' 53" 39	BOGAERT Dirk	11/03/1958	ACME
			26' 53" 83	LEROY Jeremie	11/03/1977	CABW
16/02/2002	GENT	5000 m	24' 22" 09	BUISSERET Erik	30/01/1974	CABW
			24' 23" 23	BOGAERT Dirk	11/03/1958	ACME
			29' 23" 91	DE REDE Marcel	14/12/1959	BEAC
15/02/2003	GENT	5000 m	23' 44" 71	NICQUE Dirk	6/03/1963	ACW
			23' 59" 48	HUME Christophe	30/09/1975	CABW
			24' 15" 66	NICQUE Luc	11/05/1964	VOLH
21/02/2004	GENT	5000 m	23' 46" 05	BUYTAERT Frank	26/03/1971	OLSE
			23' 57" 01	BOGAERT Dirk	11/03/1958	ACME
			24' 08" 66	HUME Christophe	30/09/1975	CABW
19/02/2005	GENT	5000 m	23' 33" 17	BUYTAERT Frank	26/03/1971	OLSE
			24' 04" 19	BOGAERT Dirk	11/03/1958	ACME
			24' 18" 47	NICQUE Luc	11/05/1964	VOLH

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
8/07/1990	PLOEGSTEERT	10 km	53' 52"	CEULEMANS Christa	6/02/1967	HDD
			57' 18"	TENTENIER Ann	9/01/1969	OLYM
			57' 38"	DE WOLF Frieda	26/05/1943	BREE
29/09/1991	WIELSBEKE	10 km	52' 09" 7	CEULEMANS Christa	6/02/1967	HDD
			53' 17" 0	SCHENCK Christel	17/02/1965	KKS
			53' 52" 5	DE WOLF Frieda	26/05/1943	BREE
13/06/1992	SIRAULT	10 km	55' 00"	CEULEMANS Christa	6/02/1967	RFCL
			55' 48"	SCHENCK Christel	17/02/1965	KKS
			58' 05"	DE WOLF Frieda	26/05/1943	BREE
9/06/1993	MOIGNELEE	10 km	56' 19"	CEULEMANS Christa	6/02/1967	RFCL
			56' 58"	SCHENCK Christel	17/02/1965	KKS
			61' 43"	DE WOLF Frieda	26/05/1943	BREE
4/06/1994	WILLEBROEK	10 km	54' 49"	SCHENCK Christel	17/02/1965	BEAC
			59' 56"	DE WOLF Frieda	26/05/1943	BREE
			60' 54"	CEULEMANS Christa	6/02/1967	RFCL
15/08/1995	OUDENAARDE	10 km	59' 01"	SCHENCK Christel	17/02/1965	KKS
			59' 24"	DE WOLF Frieda	26/05/1943	BREE
			1 h 06' 54"	WILMS Ilse	25/04/1977	DUFF
6/10/1996	BOECHOUT	10 km	57' 42"	SCHENCK Christel	17/02/1965	KKS
			1 h 02' 21"	DE WOLF Frieda	26/05/1943	BREE
5/10/1997	BARENDRECHT-NL	10 km	58' 03"	SCHENCK Christel	17/02/1965	KKS
			1 h 02' 55"	DE WOLF Frieda	26/05/1943	BREE
			1 h 07' 58"	HOOGEWIJS Godelieve	15/09/1947	CABW
1998	Geen kampioenschap					
1999	Geen kampioenschap					
2000	Geen kampioenschap					
2001	Geen kampioenschap					
28/07/2002	BINCHE	10 km	1 h 05' 26"	DE SMET Liesbet	26/06/1982	DUFF
			1 h 05' 29"	DE WOLF Frieda	26/05/1943	BREE
27/07/2003	BINCHE	20 km	2 h 19' 00"	DE WOLF Frieda	26/05/1943	BREE
			2 h 25' 43"	THOREZ Lucie	24/06/1948	GOSP
			2 h 28' 43"	DE SMET Liesbet	26/06/1982	DUFF
3/10/2004	TILBURG-NL	20 km	2 h 19' 47"	DE WOLF Frieda	26/05/1943	BREE
			2 h 20' 04"	THOREZ Lucie	24/06/1948	GOSP
2005	Geen kampioenschap					

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
25/08/1950	BRUSSEL	50 km	5 h 23' 47"	THIBAUT Jules		UMB
			5 h 41' 15"	PHILIPPEN Louis		UMB
1951	Geen kampioenschap					
27/07/1952	BRUSSEL	50 km	5 h 05' 15"	THIBAUT Jules		UMB
			5 h 08' 22"	DELANNOIT Robert	9/03/1922	WS
			5 h 19' 28"	HERPOL Rene	26/10/1921	WAC
19/09/1953	???	50 km	5 h 21' 00"	DELANNOIT Robert	9/03/1922	WS
			5 h 23' 40"	GOSSE Jules	23/03/1921	WS
			5 h 28' 10"	HUBAUT		UMB
1954	???	50 km	4 h 54' 10"	GOSSE Jules	23/03/1921	WS
				???		
				???		
9/07/1955	BOSVOORDE	50 km	5 h 16' 15"	DELANNOIT Robert	9/03/1922	WS
			5 h 19' 04"	GOSSE Jules	23/03/1921	WS
			5 h 31' 30"	HERPOL Rene	26/10/1921	WAC
1956	ST. MARTENS LATEM	50 km	4 h 57' .."	HERPOL Rene	26/10/1921	WAC
				???		
				???		
25/08/1957	MARCINELLE	50 km	5 h 14' 34"	HEUSE Henri		RFCL
			5 h 35' 01"	FOUQUET E.		WS
				SERVAIS H.		FCM
6/07/1958	MARCINELLE	50 km	5 h 16' 16"	HEUSE Henri		RFCL
			5 h 26' 02"	FOUQUET E.		WS
				HERPOL Rene	26/10/1921	WAC
5/07/1959	MARCINELLE	50 km	5 h 21' 27"	VANDERHAEGEN Joel	10/05/1928	ASVO
			5 h 52' 29"	DECEMBRY		FCM
			5 h 55' 40"	VANDENSCHRICK		FCM
3/07/1960	MARCINELLE	50 km	4 h 47' 36"	VANDERHAEGEN Joel	10/05/1928	ASVO
			4 h 58' 16"	HEUSE Henri		RFCL
			5 h 00' 26"	SCHOUCKENS Robert	27/05/1928	USBI
2/07/1961	MARCINELLE	50 km	5 h 32' 59"	SCHOUCKENS Robert	27/05/1928	USBI
			6 h 02' 00"	DARDENNE Robert		FCM
			6 h 16' 22"	GEUTENS		
8/07/1962	MARCINELLE	50 km	5 h 19' 58"	SCHOUCKENS Robert	27/05/1928	USBI
			5 h 34' 18"	LIPPENS Andre	27/07/1931	ASVO
			5 h 35' 49"	RUSINAK Emile		FCM
7/07/1963	MARCINELLE	50 km	5 h 03' 27"	SCHENCK Louis	8/08/1940	RCB
			5 h 05' 53"	SCHOUCKENS Robert	27/05/1928	USBI
			5 h 24' 57"	DARDENNE Robert		FCM
5/07/1964	MARCINELLE	50 km	4 h 49' 39"	SCHOUCKENS Robert	27/05/1928	USBI
			5 h 11' 30"	CNOCKAERT Gerard	3/12/1933	KKS
			5 h 24' 47"	DARDENNE Robert		FCM
4/07/1965	MARCINELLE	50 km	4 h 58' 53"	CNOCKAERT Gerard	3/12/1933	KKS
			5 h 06' 17"	TIMMERMANS Roger	11/06/1934	FCM
			5 h 11' 58"	HOUSIAUX Raymond	24/09/1940	ESJ
3/07/1966	MARCINELLE	50 km	5 h 08' 09"	RINCHARD Robert	29/05/1931	ESJ
			5 h 23' 01"	DERUE Walter	24/12/1926	CSC
			5 h 25' 30"	PEETERS Leon	6/09/1938	FCM
7/07/1967	MARCINELLE	50 km	5 h 02' 11"	TIMMERMANS Roger	11/06/1934	FCM
			5 h 21' 16"	RINCHARD Robert	29/05/1931	ESJ
			5 h 35' 25"	DERUE Walter	24/12/1926	CSC
7/07/1968	MARCINELLE	50 km	4 h 50' 15"	SCHOUCKENS Robert	27/05/1928	USBI
			5 h 03' 25"	RINCHARD Robert	29/05/1931	ESJ
			5 h 15' 43"	LOUIS Joseph	25/07/1933	FCM
6/07/1969	MARCINELLE	50 km	4 h 43' 57"	RINCHARD Robert	29/05/1931	ESJ
			4 h 56' 00"	PEETERS Leon	6/09/1938	FCM
			5 h 02' 55"	SCHOUCKENS Robert	27/05/1928	USBI
5/07/1970	MARCINELLE	50 km	4 h 37' 56"	BELLANGER Pierre	17/01/1933	FCM
			4 h 43' 04"	PEETERS Leon	6/09/1938	FCM
			4 h 52' 12"	SCHOUCKENS Robert	27/05/1928	USBI
4/07/1971	MARCINELLE	50 km	4 h 57' 05"	RINCHARD Robert	29/05/1931	ESJ
			5 h 04' 40"	SCHOUCKENS Robert	27/05/1928	USBI
			5 h 18' 55"	VAN LIEDEKERKE Maurice	28/08/1933	VS

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
2/07/1972	MARCINELLE	50 km	4 h 28' 58"	PEETERS Leon	6/09/1938	DCLA
			4 h 35' 07"	RINCHARD Robert	29/05/1931	ESJ
			4 h 37' 49"	CNOCKAERT Gerard	3/12/1933	KKS
1/07/1973	MARCINELLE	50 km	4 h 59' 09"	DEJONCKHEERE Godfried	1/07/1952	KKS
			5 h 01' 09"	SCHOUCKENS Robert	27/05/1928	USBI
			5 h 02' 44"	RINCHARD Robert	29/05/1931	ESJ
7/07/1974	MARCINELLE	50 km	4 h 39' 09"	HALLOY Christian	21/10/1944	URN
			4 h 44' 47"	SCHOUCKENS Robert	27/05/1928	USBI
			4 h 49' 12"	DEJONCKHEERE Godfried	1/07/1952	KKS
1/06/1975	KRUISSHOUTEM	50 km	4 h 27' 36"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 41' 05"	GOUJON Gerard	16/03/1950	SMAC
			4 h 46' 37"	HALLOY Christian	21/10/1944	SMAC
6/06/1976	KRUISSHOUTEM	50 KM	4 h 48' 14"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 59' 50"	POURBAIX Armand	2/06/1948	USBI
			5 h 11' 27"	GOUJON Gerard	16/03/1950	TAC
26/06/1977	LESSINES	50 km	4 h 33' 22" 5	GOUJON Gerard	16/03/1950	TAC
			4 h 43' 17" 4	HALLOY Christian	21/10/1944	HSP
			4 h 46' 17" 4	POURBAIX Armand	2/06/1948	USBI
30/07/1978	VILLEROT	50 km	5 h 00' 45" 8	HALLOY Christian	21/10/1944	HSP
			5 h 01' 46" 4	POURBAIX Armand	2/06/1948	USBI
			5 h 08' 46" 2	VAN BERGEN Luc	„,„/1943	ACFR
24/06/1979	LESSINES	50 km	4 h 25' 25"	GOUJON Gerard	16/03/1950	TAC
			4 h 38' 19"	FORTHOMME Paul	1/03/1938	FAC
			4 h 41' 59"	HALLOY Christian	21/10/1944	HSP
29/06/1980	MUIZEN/MECHELEN	50 km	4 h 30' 07"	GOUJON Gerard	16/03/1950	TAC
			4 h 39' 03"	HALLOY Christian	21/10/1944	HSP
			4 h 46' 12"	DEBEL Donald	3/01/1947	KKS
28/06/1981	MOIGNELEE	50 km	4 h 20' 07"	GOUJON Gerard	16/03/1950	TAC
			4 h 28' 28"	HALLOY Christian	21/10/1944	TAC
			4 h 32' 13"	DEBEL Donald	3/01/1947	KKS
4/09/1982	IZEGEM	50 km	4 h 41' 40"	DEBEL Donald	3/01/1947	KKS
			4 h 59' 41"	HALLOY Christian	21/10/1944	TAC
			5 h 00' 33"	DE MAERE Patrick	4/06/1959	OLYM
29/05/1983	CHAPPELLE-L-HERLAIMONT	50 km	4 h 30' 08"	GOUJON Gerard	16/03/1950	TAC
			4 h 43' 24"	MUSIAUX Marc	21/09/1952	CHAP
			4 h 48' 00"	HALLOY Christian	21/10/1944	TAC
19/05/1984	OLSENE Open VAL Kampioenschap	50 km	4 h 21' 49"	DEBEL Donald	3/01/1947	KKS
			4 h 23' 56"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 48' 09"	PIETQUIN Roger	17/12/1938	CSC
7/08/1985	BEVERE/LOUDENAARDE	50 km	4 h 13' 55"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 27' 38"	LEDUNE Eric	1/10/1963	ACQ
			4 h 40' 05"	MUSIAUX Marc	21/09/1952	CHAP
22/06/1986	WOLUWE ST. PIERRE	50 km	4 h 16' 44"	LEDUNE Eric	1/10/1963	OSGA
			4 h 43' 19"	DEBEL Donald	3/01/1947	KKS
			4 h 57' 14"	GLINEUR Daniel	12/02/1959	EAH
4/07/1987	LOUDENAARDE	50 km	4 h 14' 28"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 40' 04"	DEBEL Donald	3/01/1947	KKS
			4 h 59' 25"	DHOOMS Marc	16/04/1952	OLYM
2/07/1988	FLEURUS	50 km	3 h 51' 25"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 17' 23"	LEDUNE Eric	1/10/1963	OSGA
			4 h 28' 48"	GOUJON Gerard	16/03/1950	TAC
9/07/1989	WAREGEM	50 km	3 h 50' 03"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 28' 30"	GOUJON Gerard	16/03/1950	TAC
			4 h 29' 41"	HALLOY Christian	21/10/1944	TAC
8/07/1990	PLOEGSTEERT	50 km	4 h 06' 19"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 27' 02"	GOUJON Gerard	16/03/1950	TAC
			4 h 36' 08"	NICQUE Luc	11/05/1964	OLYM
29/09/1991	WIELSBEKE	50 km	3 h 54' 54"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 34' 17"	NICQUE Luc	11/05/1964	OLYM
			4 h 34' 57"	NICQUE Dirk	6/03/1963	OLYM
13/06/1992	HUIZEN-NL	50 km	4 h 12' 35"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 28' 50"	NICQUE Luc	11/05/1964	BEAC
			4 h 32' 36"	NICQUE Dirk	6/03/1963	BEAC
9/06/1993	MOIGNELEE	50 km	4 h 21' 40"	DEJONCKHEERE Godfried	1/07/1952	KKS
			4 h 50' 52"	NICQUE Dirk	6/03/1963	BEAC
			4 h 57' 02"	NICQUE Luc	11/05/1964	BEAC
4/06/1994	WIJK EN AALBURG-NL	50 km	4 h 26' 01"	NICQUE Luc	11/05/1964	BEAC

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
			4 h 27' 15"	NICQUE Dirk	6/03/1963	BEAC
			5 h 05' 35"	DHOOMS Marc	16/04/1952	BEAC
15/08/1995	OUDENAARDE	50 km	4 h 18' 14"	NICQUE Dirk	6/03/1963	BEAC
			4 h 23' 29"	LEROY Benjamin	9/07/1973	ESC
			5 h 12' 25"	NICQUE Luc	11/05/1964	BEAC
6/10/1996	BARENDRECHT-NL	50 km	4 h 07' 42"	NICQUE Dirk	6/03/1963	ABES
			4 h 26' 25"	NICQUE Luc	11/05/1964	BEAC
			4 h 31' 28"	LEROY Benjamin	9/07/1973	ESC
5/10/1997	BARENDRECHT-NL	50 km	4 h 33' 46"	NICQUE Luc	11/05/1964	BRAB
			4 h 49' 20"	BUYTAERT Frank	28/03/1971	OLSE
			5 h 35' 34"	BOGAERT Dirk	11/03/1958	ACME
4/10/1998	ST. OEDENRODE-NL	50 km	4 h 19' 31"	LEROY Benjamin	9/07/1973	CABW
			4 h 54' 36"	NICQUE Luc	11/05/1964	VOLH
			5 h 29' 03"	BUYTAERT Frank	26/03/1971	OLSE
	1999	50 km				Geen Kampioenschap
	2000	50 km				Geen Kampioenschap
	2001	50 km				TILBURG-NL
29/09/2002	TILBURG-NL	50 km	4 h 57' 35"	HUME Christophe	30/09/1975	CABW
5/10/2003	TILBURG-NL	50 km	4 h 56' 44"	HUME Christophe	30/09/1975	CABW
			5 h 17' 56"	BOGAERT Dirk	11/03/1958	ACME
			40568 M	GONET Michel	6/05/1946	GOSP
3/10/2004	TILBURG-NL	50 km	5 h 04' 49"	BUYTAERT Frank	26/03/1974	OLSE
			5 h 26' 21"	BIEBUYCK Pascal	3/01/1968	UAFA
			5 h 36' 42"	SCHAERLAEKENS Ludo	25/03/1966	SPBO
2/10/2005	TILBURG-NL	50 km	4 h 48' 47"	NICQUE Dirk	6/03/1963	ACW
			5 h 22' 41"	NICQUE Luc	11/05/1964	VOLH
			5 h 39' 19"	BUYTAERT Frank	26/03/1971	OLSE

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
30/09/1972	TAMINES Nationaal Criterium	100 km	10 h 09' 30"	RINCHARD Robert	29/05/1931	ESJ
			10 h 20' 00"	CNOCKAERT Gerard	3/12/1933	KKS
			10 h 47' 00"	SCHOUCKENS Robert	27/05/1928	USBI
6/10/1973	TAMINES	100 km	10 h 34' 40"	SCHOUCKENS Robert	27/05/1928	USBI
			10 h 38' 08"	RINCHARD Robert	29/05/1931	ESJ
				PIETQUIN Roger	17/12/1938	FCM
5/10/1974	TAMINES	100 km	9 h 46' 23"	SCHOUCKENS Robert	27/05/1928	USBI
			9 h 53' 12"	HALLOY Christian	21/10/1944	URN
			9 h 59' 43"	RINCHARD Robert	29/05/1931	ESJ
4/10/1975	TAMINES	100 km	9 h 52' 17"	HALLOY Christian	21/10/1944	SMAC
			9 h 59' 29"	CNOCKAERT Gerard	3/12/1933	KKS
			10 h 08' 06"	PIETQUIN Roger	17/12/1938	FCM
2/10/1976	TAMINES	100 km	9 h 35' 14"	HALLOY Christian	21/10/1944	HSP
			10 h 06' 00"	SCHOUCKENS Robert	27/05/1928	USBI
			10 h 08' 15"	CNOCKAERT Gerard	3/12/1933	KKS
1/10/1977	TAMINES	100 km	9 h 19' 01" 8	HALLOY Christian	21/10/1944	HSP
			9 h 51' 20" 8	PIETQUIN Roger	17/12/1938	FCM
			10 h 03' 59" 8	SCHOUCKENS Robert	27/05/1928	USBI
7/10/1978	TAMINES	100 km	9 h 29' 27"	HALLOY Christian	21/10/1944	HSP
			10 h 18' 04"	VAN BERGEN Luc	„/„/1943	ACFR
			10 h 45' 12"	MOERMAN Gerard	22/12/1942	KKS
6/10/1979	CHAPELLE-L-HERLAIMONT	100 km	9 h 36' 01"	HALLOY Christian	21/10/1944	HSP
			9 h 54' 03"	SCHOUCKENS Robert	27/05/1928	MABI
			10 h 02' 35"	VAN MALCOT Etienne	6/06/1957	CSF
4/10/1980	VILLEROT	100 km	9 h 50' 09"	HALLOY Christian	21/10/1944	HSP
			10 h 28' 38"	SCHOUCKENS Robert	27/05/1928	MABI
			10 h 37' 12"	VANDENDAUL Daniel	5/09/1953	USLE
3/10/1981	MUIZEN/MECHELEN	100 km	10 h 01' 18"	HALLOY Christian	21/10/1944	TAC
			10 h 16' 32"	FORTHOMME Paul	1/03/1938	SER
			10 h 23' 43"	GOUJON Gerard	16/03/1950	TAC
2/10/1982	LESSINES	100 km	10 h 17' 54"	GOUJON Gerard	16/03/1950	TAC
			10 h 20' 47"	FORTHOMME Paul	1/03/1938	RFCL
			10 h 52' 52"	GILLON Robert	15/07/1951	SER
1/10/1983	MOIGNELEE	100 km	9 h 58' 05"	HALLOY Christian	21/10/1944	TAC
			10 h 13' 12"	FORTHOMME Paul	1/03/1938	RFCL
			10 h 39' 15"	VANDENDAUL Daniel	15/09/1953	ATH
6/10/1984	BERTRIX Open LBFA Kampioenschap	100 km	10 h 16' 13"	THEISMAN Joseph	10/12/1953	ACHT
			10 h 59' 15"	STEEMANS Frans	22/11/1927	LIER
5/10/1985	MOIGNELEE Open LBFA Kampioenschap	100 km	9 h 40' 41"	FORTHOMME Paul	1/03/1938	CHAP
			10 h 13' 41"	GILLON Robert	15/07/1951	RFCL
			10 h 36' 13"	DEVEILLE Didier	17/02/1962	ACQ
4/10/1986	WAUDREZ-L-BINCHE Open LBFA Kampioenschap	100 km	10 h 12' 18"	DUDA Anatole	13/04/1952	CHAP
			10 h 19' 59"	VAN CAUWENBERGHE Thierry	7/04/1954	MABI
			10 h 45' 57"	TIMMERMAN Dirk	5/08/1960	OLYM
3/10/1987	MOIGNELEE Open LBFA Kampioenschap	100 km	9 h 43' 59"	STALON Jean-Louis	„/„/1955	CHAP
			9 h 59' 50"	VANDENDAUL Daniel	5/09/1953	CHAP
			10 h 43' 20"	BAROT Roland	11/04/1950	SPA
8/10/1988	ANTOING Open LBFA Kampioenschap	100 km	10 h 17' 46"	TIMMERMAN Dirk	5/08/1960	OLYM
			10 h 25' 20"	VANDENDAUL Daniel	5/09/1953	CHAP
				STURBAUT Alain	21/01/1960	EAH
7/10/1989	VISE Open LBFA Kampioenschap	100 km	10 h 26' 10"	FORTHOMME Paul	1/03/1938	RFCL
				SEYNAEVE Serge	25/06/1960	EAH
				SPIESSENS Patrick	23/08/1961	OLYM
6/10/1990	PERONNES-L-ANTOING Open LBFA Kampioenschap	100 km	10 h 36' 52"	FORTHOMME Paul	1/03/1938	RFCL
				MEURET Albert	24/01/1946	EAH
				LAMMERS Lucien	10/10/1930	ACLO
Van 1991 tot 2003 geen Kampioenschappen						
04-05/09/2004	GRAIDE	100 km	11 h 43' 37"	VANDENHOEKE Alexander	22/09/1958	EAH
			12 h 16' 17"	BIEBUYCK Pascal	3/01/1968	UAFA
			15' 08" 03"	ANDRE Hugues	26/01/1966	BBS
03-04/09/2005	GRAIDE	100 km	12 h 02' 36"	JACOB Bernard	17/10/1956	BBS
			12 h 19' 38"	BIEBUYCK Pascal	3/01/1968	UAFA
			14 h 55' 26"	GERARD Philippe	„/„/1953	BBS

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB
9/09/1984	ANDENNE	5.000 m	27' 55" 2	W40 DE WOLF Frieda	26/05/1943	BREE
14/09/1985	KESSEL-LO	5.000 m	Geen snelwandelen			
12/10/1986	KORTRIJK	5.000 m	30' 29" 7	W35 BURTON Marie-Christine	1/06/1951	CHAP
			40' 20" 2	W40 LEGRAND Leona	6/04/1944	KKS
			42' 31" 8	W50 POUBLON Yolande	23/10/1934	KKS
			32' 44" 0	W55 HECQ Irene	3/11/1930	ACLO
11/10/1987	KORTRIJK	5.000 m	31' 25" 1	W35 BURTON Marie-Christine	1/06/1951	CHAP
			26' 25" 1	W40 DE WOLF Frieda	26/05/1943	BREE
			31' 53" 0	W55 HECQ Irene	3/11/1930	ACLO
2/10/1988	NIJVEL	5.000 m	35' 25" 2	W35 BURTON Marie-Christine	1/06/1951	CHAP
			26' 46" 9	W45 DE WOLF Frieda	26/05/1943	BREE
8/10/1989	KORTRIJK	5.000 m	31' 48" 5	W35 BURTON Marie-Christine	1/06/1951	ACLO
			27' 22" 5	W45 DE WOLF Frieda	26/05/1943	BREE
			43' 41" 5	W50 POUBLON Yolande	23/10/1934	KKS
12/09/1990	ANDENNE	5.000 m	33' 02" 07	W35 BURTON Marie-Christine	1/06/1951	ACMO
			27' 29" 00	W45 DE WOLF Frieda	26/05/1943	BREE
1/06/1991	DUFFEL	5.000 m	31' 48" 26	W40 BURTON Marie-Christine	1/06/1951	ACLO
			27' 38" 70	W45 DE WOLF Frieda	26/05/1943	BREE
			33' 37" 00	W60 HECQ Irene	3/11/1930	ACLO
4/02/1992	KORTRIJK	5.000 m	32' 15" 0	W40 BURTON Marie-Christine	1/06/1951	ACLO
			28' 24" 6	W45 DE WOLF Frieda	26/05/1943	BREE
			39' 38" 6	W55 HEYMANS Lucie	18/05/1936	CABW
9/10/1993	BERTRIX	5.000 m	27' 06" 2	W50 DE WOLF Frieda	26/05/1943	BREE
			38' 24" 0	W55 HEYMANS Lucie	18/05/1936	CABW
			40' 05" 1	W60 CRUL Helena	16/07/1932	BBS
23/10/1994	NIJVEL	5.000 m	32' 26" 5	W40 BURTON Marie-Christine	1/06/1951	CABW
			26' 56" 3	W50 DE WOLF Frieda	26/05/1943	BREE
			35' 43" 5	W55 HEYMANS Lucie	18/05/1936	CABW
23/09/1995	JAMBES	5.000 m	32' 44" 7	W40 BURTON Marie-Christine	1/06/1951	CABW
			32' 33" 2	W45 HOOGEWIJS Godelieve	15/09/1947	CABW
			27' 45" 4	W50 DE WOLF Frieda	26/05/1943	BREE
			37' 18" 0	W55 HEYMANS Lucie	18/05/1936	CABW
19/06/1996	JAMBES	5.000 m	33' 46" 2	W45 HOOGEWIJS Godelieve	15/09/1947	CABW
			29' 45" 2	W50 DE WOLF Frieda	26/05/1943	BREE
14/09/1997	DUFFEL	5.000 m	33' 04" 8	W45 HOOGEWIJS Godelieve	15/09/1947	CABW
			29' 20" 5	W55 DE WOLF Frieda	26/05/1943	BREE
5/08/1998	EDEGEM	5.000 m	30' 59" 44	W50 HOOGEWIJS Godelieve	15/09/1947	CABW
			29' 16" 32	W55 DE WOLF Frieda	26/05/1943	BREE
12/06/1999	CHARLEROI	5.000 m	39' 14" 4	W40 DELAFORGE Dolores	2/11/1958	RCSC
10/06/2000	CHARLEROI	5.000 m	39' 57" 3	W40 DELAFORGE Dolores	2/11/1958	RCSC
			32' 08" 5	W50 HOOGEWIJS Godelieve	15/09/1947	GOSP
			30' 01" 2	W55 DE WOLF Frieda	26/05/1943	BREE
26/05/2001	CHARLEROI	5.000 m	37' 35" 1	W35 CONNEROTTE Isabelle	12/01/1963	GOSP
			35' 10" 1	W50 HOOGEWIJS Godelieve	15/09/1947	GOSP
			30' 19" 1	W55 DE WOLF Frieda	26/05/1943	BREE
1/06/2002	CHARLEROI	5.000 m	37' 23" 0	W35 CONNEROTTE Isabelle	12/01/1963	GOSP
			35' 24" 2	W55 HOOGEWIJS Godelieve	15/09/1947	GOSP
14/06/2003	CHARLEROI	5.000 m	37' 56" 6	W40 QUENON Brigitte	2/12/1961	GOSP
			31' 13" 2	W60 DE WOLF Frieda	26/05/1943	BREE
29/05/2004	CHARLEROI	5.000 m	33' 42" 7	W35 PAUWELS Hilde	15/06/1966	VOLH
			37' 40" 7	W40 QUENON Brigitte	2/12/1961	GOSP
			30' 43" 5	W60 DE WOLF Frieda	26/05/1943	BREE
21/05/2005	CHARLEROI	5.000 m	38' 38" 0	W50 TARANOVA Natalie	6/01/1952	GOSP

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB	
9/09/1984	ANDENNE	10;000 m	56' 48" 5	M40	MOERMAN Gerard	22/12/1942	KKS
			1 h 00' 43" 9	M45	STALPAERT Andre	26/04/1937	TAC
			54' 17" 6	M50	BERNY Leon	2/12/1932	TAC
			54' 36" 6	M55	STEEMANS Frans	22/11/1927	LIER
			1 h 10' 09" 6	M60	VAN WITTENBERGHE Camille	25/10/1922	USLE
			1 h 14' 09" 5	M65	DORCKENS Charles	3/04/1917	CAM
14/09/1986	KESSEL-LO	10.000 m	50' 19" 6	M40	STEENHOUDT Hendrik	1/10/1943	ACG
			57' 22" 0	M45	PIETQUIN Roger	17/12/1938	RCSC
			57' 00" 0	M50	VAN LANDEGHEM Emiel	8/07/1932	OLYM
			56' 23" 9	M55	STEEMANS Frans	22/11/1927	LIER
			1 h 11' 11" 1	M60	VAN WITTENBERGHE Camille	25/10/1922	USLE
			1 h 16' 51" 1	M65	DORCKENS Charles	3/04/1917	CAM
12/10/1986	KORTRIJK	10.000 m	49' 03" 2	M40	STEENHOUDT Hendrik	1/10/1943	ACG
			57' 34" 0	M45	JEAN Maurice	29/10/1940	CHAP
			55' 03" 0	M50	VAN LANDEGHEM Emiel	8/07/1932	OLYM
			57' 22" 0	M55	STEEMANS Frans	22/11/1927	OLSE
			1 h 00' 04" 1	M60	ABINO Michele	13/02/1925	EAH
			1 h 18' 01" 0	M65	DORCKENS Charles	3/04/1917	RCSC
11/10/1987	KORTRIJK	10.000 m	48' 37" 8	M40	DEBEL Donald	3/01/1947	KKS
			50' 10" 7	M45	DEHON Freddy	19/07/1942	CHAP
			1 h 05' 23" 8	M50	DERUDDER Arsene	9/02/1936	KKS
			55' 55" 8	M55	VAN LANDEGHEM Emiel	8/07/1932	OLYM
			58' 47" 0	M60	ALOMAINE Emile	2/02/1925	ACLO
			1 h 11' 48" 1	M65	VAN WITTENBERGHE Camille	25/10/1922	USLE
2/10/1988	NIJVEL	10.000 m	1 h 20' 45" 1	M70	DORCKENS Charles	3/04/1917	RCSC
			49' 41" 9	M40	HALLOY Christian	21/10/1944	TAC
			1 h 01' 32" 5	M45	JEAN Maurice	29/10/1940	RFCL
			55' 14" 8	M55	VAN LANDEGHEM Emiel	8/07/1932	OLYM
			57' 20" 9	M60	STEEMANS Frans	22/11/1927	LIER
			1 h 11' 48" 4	M65	VAN WITTENBERGHE Camille	25/10/1922	USLE
8/10/1989	KORTRIJK	10.000 m	1 h 13' 37" 3	M70	DORCKENS Charles	3/04/1917	RCSC
			54' 48" 4	M40	RASSCHAERT Maurice	9/05/1947	VITA
			52' 10" 7	M45	DEHON Freddy	19/07/1942	ACLO
			56' 13" 5	M55	VAN LANDEGHEM Emiel	8/07/1932	OLYM
			56' 27" 5	M60	STEEMANS Frans	22/11/1927	ACHL
			1 h 10' 59" 6	M65	VAN WITTENBERGHE Camille	25/10/1922	USLE
12/09/1990	ANDENNE	10.000 m	1 h 16' 48" 0	M70	DORCKENS Charles	3/04/1917	RCSC
			48' 21" 05	M40	GOUJON Gerard	16/03/1950	TAC
			50' 22" 08	M45	HALLOY Christian	21/10/1944	TAC
			52' 14" 2	M50	FORTHOMME Paul	1/03/1938	RFCL
			56' 48" 1	M55	VAN LANDEGHEM Emiel	8/07/1932	OLYM
			57' 39" 0	M60	STEEMANS Frans	22/11/1927	ACHL
1/06/1991	DUFFEL	10.000 m	53' 25" 4	M40	DURIEUX Rene	7/09/1947	ACHL
			1 h 03' 47" 0	M45	GABRIELS Pierre	23/06/1944	BREE
			53' 09" 8	M50	FORTHOMME Paul	1/03/1938	RFCL
			57' 13" 1	M55	VAN LANDEGHEM Emiel	8/07/1932	OLYM
			1 h 01' 51" 3	M60	STEEMANS Frans	22/11/1927	ACHL
			1 h 01' 51" 5	M65	ALOMAINE Emile	2/02/1925	ACLO
4/02/1992	KORTRIJK	10.000 m	47' 03" 1	M40	MUSIEUX Marc	21/09/1952	TAC
			57' 28" 7	M45	RASSCHAERT Maurice	9/05/1947	VITA
			1 h 20' 37" 0	M55	BOULAERT Adrien	22/07/1936	ASSA
			58' 16" 2	M60	VAN LANDEGHEM Emiel	8/07/1932	BEAC
			9600 m	M40	MUSIEUX Marc	21/09/1952	TAC
			58' 07" 03"	M45	GABRIELS Pierre	23/06/1944	BREE
23/10/1994	NIJVEL	20.000 m	57' 37" 0	M60	VAN LANDEGHEM Emiel	8/07/1932	BEAC
			1 h 48' 07" 0	M40	GOUJON Gerard	16/03/1950	TAC
			2 h 05' 57" 7	M45	BLAIRON Clement	7/03/1949	TAC
			2 h 10' 13" 8	M50	GABRIELS Pierre	23/06/1944	BREE
			2 h 10' 31" 7	M60	VAN LANDEGHEM Emiel	8/07/1932	BEAC
			47' 48" 0	M40	DEJONCKHEERE Godfried	1/07/1952	KKS
23/09/1995	JAMBES	10.000 m	51' 23" 0	M45	GOUJON Gerard	16/03/1950	TAC
			53' 21" 0	M50	HALLOY Christian	21/10/1944	SMAC
			1 h 00' 02" 3	M60	VAN LANDEGHEM Emiel	8/07/1932	BEAC
			8000 M	M75	DORCKENS Charles	3/04/1917	RCSC
			1 h 10' 37" 0	M75	DORCKENS Charles	3/04/1917	RCSC

DATUM	PLAATS	AFSTAND	PRESTATIE	NAAM ATLEET	GEB.DATUM	CLUB	
19/06/1996	JAMBES	1 uur	12.050 m	M40	DEJONCKHEERE Godfried	1/07/1952	KKS
			10;760 M	M45	GOUJON Gerard	16/03/1950	ACCO
			10;059 M	M50	GABRIELS Pierre	23/06/1944	BREE
			9.739 M	M60	VAN LANDEGHEM Emiel	8/07/1932	BEAC
14/09/1997	DUFFEL	10.000 m	1 h 00' 08" 0	M40	DE VRIESE Rudy	14/04/1953	BRAB
			52' 03" 0	M45	GOUJON Gerard	16/03/1950	ACCO
			57' 31" 7	M50	GABRIELS Pierre	23/04/1944	BREE
			1 h 03' 05" 0	M65	VAN LANDEGHEM Emiel	8/07/1932	BRAB
5/08/1998	EDEGEM	10.000 m	1 h 19' 59" 0	M70	DERUE Walter	24/12/1926	RCSC
			53' 41" 00	M40	BOGAERT Dirk	11/03/1958	ACME
			56' 25" 36	M45	GOUJON Gerard	16/03/1950	SMAC
			58' 56" 03	M50	GABRIELS Pierre	23/06/1944	BREE
			1 h 04' 48" 76	M55	DE KEYZER Hector	11/07/1939	HAMM
			1 h 06' 28" 11	M65	VAN LANDEGHEM Emiel	8/07/1932	BRAB
			59' 21" 86	M70	SCHOUCKENS Robert	27/05/1928	GOSP
			51' 49" 5	M40	BOGAERT Dirk	11/03/1958	ACME
12/06/1989	CHARLEROI	10.000 m	55' 38" 2	M45	MEEEX Leon	11/02/1952	TACT
			1 h 07' 50" 9	M50	GONET Michel	6/05/1946	GOSP
			1 h 06' 36" 9	M65	VAN LANDEGHEM Emiel	8/07/1932	BRAB
			1 h 01' 18" 2	M70	SCHOUCKENS Robert	27/05/1928	GOSP
10/06/2000	CHARLEROI	10.000 m	49' 48" 7	M40	BOGAERT Dirk	11/03/1958	ACME
			53' 27" 2	M45	MEEEX Leon	11/02/1952	TACT
			59' 48" 9	M50	GOUJON Gerard	16/03/1950	SMAC
			1 h 00' 03" 4	M55	GABRIELS Pierre	23/06/1944	BREE
			1 h 08' 16" 5	M65	VAN LANDEGHEM Emiel	8/07/1932	BRAB
			1 h 29' 54" 8	M70	BLAVIER Milou	30/11/1925	IXEL
			52' 48" 3	M40	BOGAERT Dirk	11/03/1958	ACME
			1 h 11' 59" 9	M45	DAVIN Benoit	6/10/1948	GOSP
26/05/2001	CHARLEROI	10.000 m	1 h 03' 21" 7	M55	GABRIELS Pierre	23/06/1944	BREE
			1 h 08' 50" 0	M65	VAN LANDEGHEM Emiel	8/07/1932	BRAB
			1 h 07' 16" 7	M70	SCHOUCKENS Robert	27/05/1928	GOSP
			52' 09" 8	M40	BOGAERT Dirk	11/03/1958	ACME
1/06/2002	CHARLEROI	10.000 m	1 h 04' 37" 8	M45	MEEEX Leon	11/02/1952	LOOI
			1 h 10' 02" 7	M55	GONET Michel	6/05/1946	GOSP
			1 h 11' 18" 8	M65	VAN LANDEGHEM Emiel	8/07/1932	BRAB
			47' 31" 4	M40	NICQUE Dirk	6/03/1963	ACW
14/06/2003	CHARLEROI	10.000 m	48' 55" 8	M45	BOGAERT Dirk	11/03/1958	ACME
			1 h 11' 27" 1	M50	DAVIN Benoit	8/10/1948	GOSP
			1 h 01' 08" 9	M55	GABRIELS Pierre	23/06/1944	BREE
			1 h 09' 25" 5	M70	VAN LANDEGHEM Emiel	8/07/1932	BRAB
29/05/2004	CHARLEROI	10.000 M	1 h 06' 58" 5	M75	SCHOUCKENS Robert	27/05/1928	GOSP
			54' 29" 2	M40	NICQUE Luc	11/05/1964	VOLH
			50' 59" 4	M45	BOGAERT Dirk	11/03/1958	ACME
			1 h 16' 49" 0	M55	GONET Michel	6/05/1946	GOSP
21/05/2005	CHARLEROI	10.000 m	1 h 07' 03" 3	M40	SODANT Thierry	19/03/1964	OSGA
			51' 34" 5	M45	BOGAERT Dirk	11/03/1958	ACME
			1 h 04' 08" 5	M55	GOUJON Gerard	16/03/1950	SMAC
			1 h 11' 27" 2	M70	VAN LANDEGHEM Emiel	8/07/1932	BRAB
			1 h 06' 17" 6	M75	SCHOUCKENS Robert	27/05/1928	GOSP